

REVIEW OF ARSHOGHNA DRAVYA / ANTIHEAMORRHOIDAL DRUGS MENTIONED IN BRIHATTRAYI

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ABSTRACT

Ayurveda plays vital role in curing Arsha [Hemorrhoids] without surgical intervention there are so many herbal drug having Arshoghna property. Many treatment modalities have been explained in Brihatrayi i.e Charak, Sushruta, & Vagbhata. In Arsha management, the systemic medicines act by improving appetite, regularize bowl habits, astringent action on blood vessels & maintaining Agni & Strotas in equilibrium. Among all the Arshoghna drugs described in Brihatrayi maximum drug are Tikta or Katu or Kashaya Rasa Pradhana & Most of the drug are Ushna in Virya. It can also be said that the drugs having Katu, Tikta, Kashaya Rasa, Laghu & Ruksha

Guna, Ushna Virya & Katu Vipaka play major role in the treatment of Arsha. The review made a humble effort to highlight the 'Arshoghna Dravyas from Brihatrayi' as a natural & safe remedy treatment of Arsha.

KEYWORDS: Ayurveda, Arshoghna dravya, Hemorrhoids, Brihatrayi.

INTRODUCTION

Ayurveda is a system, which uses the inherent principles of nature to help maintain health in a person by keeping the individual's body, spirit, and mind in a perfect equilibrium.

The term *ayurveda* thus means 'The knowledge of life' or 'science of life'. According to the ancient *ayurvedic acharya charaka* 'ayu' comprises the mind body senses and soul.

According to WHO (1978) "Health is a state of complete physical, mental, spiritual & social well being & not merely an absence of disease or infirmity.

Sharir and *satva* are the *adhisthana* of *vyadhi* (disease). Indian traditional system of medicine, *Ayurveda* encompasses all aspects of living health & sickness. *Ayurveda* is specially known for its natural herbal therapy all over the globe. There is tremendous demand of natural care through medicinal plants for a number of diseases. *Dravyaguna vigyana* is one of major subject of *Ayurvedic* curriculum, hence *dravyaguna* known as soul of *Ayurveda* (*Aatma*).

This subject deals with medicinal plants, described in *samhitas* & *nighantus* in view of pharmacognostical as well as pharmacological aspects (*Gunas*). *Gunas* are main weapon of *chikitsa* therefore we can't do *chikitsa* rather than knowing *Gunas* of *Dravyas*.

Nighantus mentioned *Gunas* of *Dravyas* specifically. So *Rajnighantu* expressed the importance of *Nighantus*. i.e.

Like other pathological conditions *Arsha* has been documented in the *Brihatrayee* i.e. *Charaka Samhita*, *Sushruta Samhita*, and *Ashtanga Hridaya* between 1500 BC & 600 AD.

Present time is the era of changing food, sedentary lifestyle & mental stress, all these factors disturbs the digestive system resulting into many diseases. Among them one important group is anorectal disorders & *Arshas* is one of them.

The word '*Arsha*' is derived from the root '*Ru-gatau*' after adding the suffix '*Asuna*' which means 'to take life'. It is an entity in which muscular projections (*Mansakeel*) troubles the patient like an enemy. The common people call them piles. A pile (*pila* a ball) is derived from latin. The aristocracy calls them haemorrhoids. The word haemorrhoid is derived from Greek (*Haema*-blood, *Rhoos*-flowing) the lay man call them *Mulvyadh/bawasir/komb* etc. *Arsha* have been known to mankind since long time & are one of the commonest disease to affect human beings.

It is commonly seen with those people who having sedentary lifestyle. '*Arsha*' is the gift of busy life style. It has been mentioned one among important disease under '*Ashtamahagada*'. In severe cases, piles may require surgical intervention. *Ayurveda* plays vital role in curing *Arsha* (hemorrhoids) & is explained under *mamsaroga*. Many treatment modalities have been

explained in *Brihatrayee (charak, sushruta, & vagbhata)*. So *Arsha* is important pathological condition & the study of *Arshoghna dravya* is need of today's modern era to minimize several side effects of modern medicine. Etiopathological chain to develop *Vidhya (Disease)* is called as '*Samprapti*'. To break the chain of *vyadhi* that is '*Sampraptibhanga*', we must use *Dravyas (drugs)* having opposite *Gunas*. In *Dravyaguna* there are lots of *Dravyas* which acts as *Arshoghna*.

Classification of Arsha according to Samhita.

Sr.No.	Charak	Sushrut	Ashtang Hridayam
01	Vataja	Vataja	Vatpittaja
02	Pittaja	Pittaja	Vatakaphaja
03	Kaphaja	Kaphaja	Pittakaphaja
04	Vatpittaja	Sannipatja	Vataraktaja
05	Vatakaphaj	Raktaja	Pittaraktaja
06	Pittakaphaj	Sahaja	Kapharaktaja
07	Sannipataj		Tridoshaja
08	Sahaj		Sahaj

Classification of haemorrhoids according to modern texts

A] According to site of origin

1. Internal haemorrhoids
2. External haemorrhoids
3. Interno-External haemorrhoids

B] According to symptoms & degrees

1. First Degree Haemorrhoids
2. Second Degree Haemorrhoids
3. Third Degree Haemorrhoids
4. Fourth Degree Haemorrhoids

Treatment principle of piles

Any type of treatment of piles needs strict diet & life style pattern according to one's *prakruti*. *Acharya Charaka & Sushruta* have described four types of treatment for *Arsha*:

1. Aushadhachikitsa
2. Ksharchikitsa
3. Agnikarma
4. Shashtra karma

According to Acharya Charaka Aushadha Chikitsa is best for treatment of Arsha. Aushadha treatment of Arsha should be done first & then we may proceed further to Shalya Kriya.

Arshoghna Dravya Gunas well mentioned in various *Nighantus* such as *Dhanvantari*, *Madanpal*, *Raj*, *Kaiyadev* and *Bhavprakasha*.

Therefore '*Arshoghna dravyas*' were selected in present study from *Brihatrayee* viz. *Charak*, *Sushrut* & *Vagbhata Samhita* & the study was conducted with special reference to their *Gunas* [*Guna*, *Rasa*, *Virya*, *Vipaka* & *Prabhava*] i.e. *RASAPANCHAKA*. *Nighantus* have described *Gunas* like *Gurvadi Guna* [*Guru*, *laghu*, *snigdha*, *ruksha*, etc.] *Rasa*, *Vipaka*, *Virya* & *Prabhava* etc of *Dravyas* stated in *Samhitas* which is being vastly followed by *Ayurveda* followers. So, it will be of tremendous use to have all references of *Arshoghna Dravyas* from *Brihatrayee*.

These *Arshoghna Dravya* references are being used effectively in *Arsha*. So it will be beneficial to put them collectively to get ready reckoned information for further use & evaluations.

AIM

To compile '*Arshoghna dravya*' w.s.r. to their *Gunas* and evaluate *Arshoghna Dravya* as per types of *Arsha* mentioned in *Brihatrayee*.

OBJECTIVE

- 1) To study *Arshoghna Dravya* in different types of *Arsha*.
- 2) To evaluate different *Gunas* of *Arshoghna Dravyas* from different *Nighantus* and its uses in different types of *Arsha*.
- 3) To study the *Ekal* (single) *Arshoghna Dravya* and in combination.
- 4) To tabulise *Arshoghna Dravya* mentioned in *Brihattryee* and *Nighantus* according to *Gunas* and their expected *Karmukatva* as per types of *Arshas*, and organs.

Study Design

The study conducted is descriptive literary study. *Samhita* and *Nighantus* preferred for the study.

Arshoghna Dravya with Latin name and Family found in Brihatrayee

Sr. No.	Dravya Name	Latin Name	Family
1.	Aragwadha	<i>Cassia fistula</i>	Leguminosae
2.	Ativisha	<i>Aconitum heterophyllum</i>	Ranunculaceae
3.	Amalaki	<i>Phyllanthus emblica</i>	Euphorbiaceae
4.	Ajaji	<i>Cuminum cyminum</i>	Umbelliferae
5.	Arjun	<i>Terminalia arjuna</i>	Combretaceae
6.	Ashok	<i>Saraca asoca</i>	Caesalpiniaceae
7.	Ajamoda	<i>Carum roxburghianum</i>	Umbelliferae
8.	Apamarga	<i>Achyranthes aspera</i>	Amaranthaceae
9.	Agnimantha	<i>Premna latifolia</i>	Verbenaceae
10.	Ajagandha	<i>Gynandropsis gynandra</i>	Capparidaceae
11.	Arka	<i>Calotropis procera</i>	Asclepiadaceae
12.	Arani	<i>Clerodendrum phlomidis</i>	Verbenaceae
13.	Amlavetas	<i>Garcinia pedunculata</i>	Guttiferae
14.	Alarka	<i>Calotropis gigantean</i>	Asclepiadaceae
15.	Aparajita	<i>Clitoria ternatea</i>	Fabaceae
16.	Adrak	<i>Zingiber officinale</i>	Zingiberaceae
17.	Agaru	<i>Aguilaria agallocha</i>	Thymeliaceae
18.	Ashwagandha	<i>Withania somnifera</i>	Solanaceae
19.	Ashawatha	<i>Ficus religiosa</i>	Moraceae
20.	Adhaki	<i>Cajanus indicus</i>	Leguminosae
21.	Amra	<i>Mangifera indica</i>	Anacardiaceae
22.	Amlika	<i>Tamarandus indica</i>	Leguminosae
23.	Ajavayan	<i>Trachyspermum ammi</i>	Umbelliferae
24.	Atibala	<i>Abutilon indicum</i>	Malvaceae
25.	Adhahpushpi	<i>Trichodesma indicum</i>	Boraginaceae
26.	Bilva	<i>Agele marmelos</i>	Rutaceae
27.	Bibhitak	<i>Terminalia belerica</i>	Combretaceae
28.	Bruhati	<i>Solanum indicum</i>	Solanaceae
29.	Bhallatak	<i>Semicarpus anacardium</i>	Anacardiaceae
30.	Badar	<i>Zizyphus jujube</i>	Rhamnaceae
31.	Bala	<i>Sida cordifolia</i>	Malvaceae
32.	Bijak	<i>Pterocarpus marsupium</i>	Leguminosae
33.	Bharangi	<i>Clerodendrum serratum</i>	Verbenaceae
34.	Bruhat Ela	<i>Amomum subulatum</i>	Zingiberaceae
35.	Bakuchi	<i>Psoralea corylifolia</i>	Fabaceae
36.	Bhunimba	<i>Swertia chirata</i>	Gentianaceae
37.	Bhurjapatra	<i>Betula utilis</i>	Betulaceae
38.	Chakramarda	<i>Cassia tora</i>	Caesalpiniaceae
39.	Chitrak	<i>Plumbago Zeylanica</i>	Plumbaginaceae
40.	Changeri	<i>Oxalis corniculata</i>	Oxalidaceae
41.	Chavya	<i>Piper chaba</i>	Piperaceae
42.	Chandan (s)	<i>Santalum album</i>	Santalaceae
43.	Chandan (r)	<i>Pterocarpus santalinus</i>	Leguminosae
44.	Dhava	<i>Anogeissus latifolia</i>	Combretaceae
45.	Dhanyak	<i>Coriandrum sativum</i>	Umbelliferae
46.	Duralabha	<i>Fagonia Arabica</i>	Zygophyllaceae

47.	<i>Dhataki</i>	<i>Woodfordia fruticosa</i>	<i>Lythraceae</i>
48.	<i>Darbha</i>	<i>Impertata cylindrical</i>	<i>Graminae</i>
49.	<i>Dadima</i>	<i>Punica granatum</i>	<i>Punicaceae</i>
50.	<i>Darvi</i>	<i>Berberis aristata</i>	<i>Berberidaceae</i>
51.	<i>Devdaru</i>	<i>Cedrus deodara</i>	<i>Pinnaceae</i>
52.	<i>Danti</i>	<i>Baliospermum montanum</i>	<i>Euphorbiaceae</i>
53.	<i>Draksha</i>	<i>Vitis vinifera</i>	<i>Vitaceae</i>
54.	<i>Dravanti</i>	<i>Gatropho glandruifera</i>	<i>Euphorbiaceae</i>
55.	<i>Dalchini</i>	<i>Cinnamomum zeylanicum</i>	<i>Lauraceae</i>
56.	<i>Durva</i>	<i>Cynodn dactylon</i>	<i>Gramineae</i>
57.	<i>Dugdika</i>	<i>Euphorbia hirta</i>	<i>Euphorbiaceae</i>
58.	<i>Ela sukshama</i>	<i>Elettaria cardamomum</i>	<i>Zingiberaceae</i>
59.	<i>Eranda</i>	<i>Ricinus communis</i>	<i>Euphorbiaceae</i>
60.	<i>Elavaluka</i>	<i>Prunus serasus</i>	<i>Rosaceae</i>
61.	<i>Falgumula</i>	<i>Ficus carica</i>	<i>Moraceae</i>
62.	<i>Guduchi</i>	<i>Tinospora cordifolia</i>	<i>Menispermaceae</i>
63.	<i>Godhum</i>	<i>Triticum Sativum</i>	<i>Gramineae</i>
64.	<i>Gokshur</i>	<i>Tribulus terrestris</i>	<i>Zygophyllaceae</i>
65.	<i>Gambhari</i>	<i>Gmelina arborea</i>	<i>Verbenaceae</i>
66.	<i>Gorakmundi</i>	<i>Sphaeranthus indicus</i>	<i>Compositae</i>
67.	<i>Gajapipali</i>	<i>Scindapsus orricinalis</i>	<i>Araceae</i>
68.	<i>Gunja</i>	<i>Abrus precatorius</i>	<i>Fabaceae</i>
69.	<i>Guggulu</i>	<i>Commiphora mukul</i>	<i>Burseraceae</i>
70.	<i>Gandir</i>	<i>Amranthas mangostans?</i>	<i>Amrantheaceae</i>
71.	<i>Gajar</i>	<i>Daucus carota</i>	<i>Umbelliferae</i>
72.	<i>Haridra</i>	<i>Curcuma longa</i>	<i>Zingiberaceae</i>
73.	<i>Haritaki</i>	<i>Terminalia chebula</i>	<i>Combretaceae</i>
74.	<i>Hapusha</i>	<i>Juniperus communis</i>	<i>Cupressaceae</i>
75.	<i>Hingu</i>	<i>Ferula foetida</i>	<i>Umbelliferae</i>
76.	<i>Hriber</i>	<i>Pavonia odorata</i>	<i>Malvaceae</i>
77.	<i>Ikshurak</i>	<i>Astercantha longifolia</i>	<i>Bignoniaceae</i>
78.	<i>Indravaruni</i>	<i>Citrullus colocynthis</i>	<i>Cucurbitaceae</i>
79.	<i>Indrayav</i>	<i>Wrightia tinctoria</i>	<i>Apocynaceae</i>
80.	<i>Jivanti</i>	<i>Leptadenia reticulate</i>	<i>Asclepiadaceae</i>
81.	<i>Jeevak</i>	<i>Micostylis wallichi</i>	<i>Orchidaceae</i>
82.	<i>Jatamansi</i>	<i>Nardostaychys jatamansi</i>	<i>Valirianaceae</i>
83.	<i>Jambu</i>	<i>Eugenia jambolana</i>	<i>Myrtaceae</i>
84.	<i>Jati</i>	<i>Jasminum glandiflorum</i>	<i>Oleaceae</i>
85.	<i>Jimutak</i>	<i>Luffa echinata</i>	<i>Cucurbitaceae</i>
86.	<i>Jalvetas</i>	<i>Salix tetrasperma</i>	<i>Salicaceae</i>
87.	<i>Karanja</i>	<i>Pongamia pinnata</i>	<i>Leguminosae</i>
88.	<i>Khadir</i>	<i>Acacia catechu</i>	<i>Leguminosae</i>
89.	<i>Karvir</i>	<i>Nerium odorum</i>	<i>Apocynaceae</i>
90.	<i>Kushtha</i>	<i>Saussurea lappa</i>	<i>Compositae</i>
91.	<i>Kutaj</i>	<i>Holarrhena antidysenterica</i>	<i>Apocynaceae</i>
92.	<i>Kutaki</i>	<i>Picrorhiza kurroo</i>	<i>Gentianaceae</i>
93.	<i>Kantakari</i>	<i>Solanum xanthocarpum</i>	<i>Solanaceae</i>
94.	<i>Kebuk</i>	<i>Costus speciosus</i>	<i>Costaceae</i>

95.	<i>Kulatha</i>	<i>Dolichos biflorus</i>	<i>Leguminosae</i>
96.	<i>Kramuk</i>	<i>Areca catechu</i>	<i>Palme</i>
97.	<i>Katrana</i>	<i>Cymbopogon schoenanthus?</i>	<i>Gramineae</i>
98.	<i>Kapikacchu</i>	<i>Mucuna pruriens</i>	<i>Leguminosae</i>
99.	<i>Kamal</i>	<i>Nelumbo nucifera</i>	<i>Nelumbonaceae</i>
100.	<i>Karvi</i>	<i>Carum karvi</i>	<i>Umbelliferae</i>
101.	<i>Kapitha</i>	<i>Feronia elephantum</i>	<i>Rutaceae</i>
102.	<i>Kustumbaru</i>	<i>Coriandrum sativum</i>	<i>Umbelliferae</i>
103.	<i>Kovidar</i>	<i>Phanera purpurea</i>	<i>Fabaceae</i>
104.	<i>Kusha</i>	<i>Desmostachya bipinnata</i>	<i>Gramineae</i>
105.	<i>Kasha</i>	<i>Saccharum spontareum</i>	<i>Gramineae</i>
106.	<i>Katphala</i>	<i>Myrica nagi</i>	<i>Myricaceae</i>
107.	<i>Keshar</i>	<i>Crocus sativus</i>	<i>Iridaceae</i>
108.	<i>Katabhi</i>	<i>Careya arborea</i>	<i>Lecythidaceae</i>
109.	<i>Karkatshrungi</i>	<i>Pistacia integerrima</i>	<i>Anacardiaceae</i>
110.	<i>Kaknasa</i>	<i>Asclepias curassavica</i>	<i>Asclepiadaceae</i>
111.	<i>Kadamba</i>	<i>Anthocephalus cadamba</i>	<i>Rubiaceae</i>
112.	<i>Kadali</i>	<i>Musa sapientum</i>	<i>Muasaceae</i>
113.	<i>Krutvedhan</i>	<i>Luffa acutangula</i>	<i>Cucurbitaceae</i>
114.	<i>Kakmachi</i>	<i>Solanum nigrum</i>	<i>Solanaceae</i>
115.	<i>Katutumbi</i>	<i>Lagenaria siceraria</i>	<i>Cucurbitaceae</i>
116.	<i>Kharjur</i>	<i>Phoenix sylvestris</i>	<i>Palme</i>
117.	<i>Kayphal</i>	<i>Myrica esculenta</i>	<i>Myricaeae</i>
118.	<i>Kampillak</i>	<i>Maliotus philippinesis</i>	<i>Euphorbiaceae</i>
119.	<i>Kandeikshu</i>	<i>Hygophila spinosa</i>	<i>Acanthaceae</i>
120.	<i>Kakoli</i>	<i>Roscoeia procera</i>	<i>Zingiberaceae</i>
121.	<i>Lonishak</i>	<i>Portulaca oleracea</i>	<i>Portulacaceae</i>
122.	<i>Lajjalu</i>	<i>Mimosa pudica</i>	<i>Mimosaceae</i>
123.	<i>Laksha</i>	<i>Laccifer lacea</i>	<i>Lacciferidae</i>
124.	<i>Langali</i>	<i>Goloriosa superb</i>	<i>Liliaceae</i>
125.	<i>Lodhra</i>	<i>Symplocos racemosa</i>	<i>Symplocaceae</i>
126.	<i>Lavanga</i>	<i>Syzygium aromaticum</i>	<i>Myrtaceae</i>
127.	<i>Maricha</i>	<i>Piper nigrum</i>	<i>Piperaceae</i>
128.	<i>Matulunga</i>	<i>Citrus media</i>	<i>Rutaceae</i>
129.	<i>Murva</i>	<i>Marsdenia tenacissima</i>	<i>Asclepiadaceae</i>
130.	<i>Mustak</i>	<i>Cyperus rotundus</i>	<i>Cyperaceae</i>
131.	<i>Manjistha</i>	<i>Rubia cordifolia</i>	<i>Rubiaceae</i>
132.	<i>Malatipushpa</i>	<i>Aganosma heynei</i>	<i>Apocyanaceae</i>
133.	<i>Madayantika</i>	<i>Lawsonia inermis</i>	<i>Cythraceae</i>
134.	<i>Meda</i>	<i>Polygonatum verticillatum</i>	<i>Liliaceae</i>
135.	<i>Madanphala</i>	<i>Randia dumatorum</i>	<i>Rubiaceae</i>
136.	<i>Mushakak</i>	<i>Schrebera swietenoides</i>	<i>Oleaceae</i>
137.	<i>Madhuka</i>	<i>Bassia latifolia</i>	<i>Sapotaceae</i>
138.	<i>Mushakarni</i>	<i>Ipomoea reniformis</i>	<i>Convolvulaceae</i>
139.	<i>Mahameda</i>	<i>Polygonatum verticillatum</i>	<i>Liliaceae</i>
140.	<i>Mulak</i>	<i>Raphanus sativus</i>	<i>Cruciferae</i>
141.	<i>Nimba</i>	<i>Azadirachta indica</i>	<i>Meliaceae</i>
142.	<i>Nishotha</i>	<i>Operculina turpethum</i>	<i>Convolvulaceae</i>

143.	<i>Nagkeshara</i>	<i>Mesua ferrea</i>	<i>Guttiferae</i>
144.	<i>Nakhi</i>	<i>Helix aspera</i>	<i>Helicidae</i>
145.	<i>Nilini</i>	<i>Indigofera tinctoria</i>	<i>Leguminosae</i>
146.	<i>Nyagrodh</i>	<i>Ficus Bengalensis</i>	<i>Moraceae</i>
147.	<i>Nirgundi</i>	<i>Vitex nigundo</i>	<i>Verbenaceae</i>
148.	<i>Nichul</i>	<i>Salix capra</i>	<i>Salicaceae</i>
149.	<i>Peelu</i>	<i>Salvadora persica</i>	<i>Salvadoraceae</i>
150.	<i>Pippali</i>	<i>Piper longum</i>	<i>Piperaceae</i>
151.	<i>Patha</i>	<i>Cissampelos pareira</i>	<i>Menispermaceae</i>
152.	<i>Pushkarmula</i>	<i>Inula racemosa</i>	<i>Compositae</i>
153.	<i>Priyangu</i>	<i>Setaria italic</i>	<i>Gramineae</i>
154.	<i>Patola</i>	<i>Trichosanthes dioica</i>	<i>Cucurbitaceae</i>
155.	<i>Patala</i>	<i>Stereospermum suaveolens</i>	<i>Bignoniaceae</i>
156.	<i>Prushniparni</i>	<i>Uraria picta</i>	<i>Leguminosae</i>
157.	<i>Pittapapada</i>	<i>Fumaria indica?</i>	<i>Fumariaceae</i>
158.	<i>Padmakashta</i>	<i>Prunus puddum</i>	<i>Rosaceae</i>
159.	<i>Palash</i>	<i>Butea frondosa</i>	<i>Leguminosae</i>
160.	<i>Pashanbheda</i>	<i>Saxifrage ligulata</i>	<i>Saxifragaceae</i>
161.	<i>Palandu</i>	<i>Allium cepa</i>	<i>Liliaceae</i>
162.	<i>Paraspippal</i>	<i>Thespsia populnea</i>	<i>Malvaceae</i>
163.	<i>Punarnava</i>	<i>Trianthema portulacastrum</i>	<i>Ficoidaceae</i>
164.	<i>Punarnava (R)</i>	<i>Boerhavia diffusa</i>	<i>Nyctaginaceae</i>
165.	<i>Parushak</i>	<i>Grewia asiatica</i>	<i>Tiliaceae</i>
166.	<i>Paribhadra</i>	<i>Erythrina variegata</i>	<i>Leguminosae</i>
167.	<i>Pippalimula</i>	<i>Piper langum</i>	<i>Piperaceae</i>
168.	<i>Payasya</i>	<i>Roscoeia sp.</i>	<i>Zingiberaceae</i>
169.	<i>Rasna</i>	<i>Pluchea lanceolata</i>	<i>Compositae</i>
170.	<i>Rasona</i>	<i>Allium sativum</i>	<i>Liliaceae</i>
171.	<i>Ruddhi</i>	<i>Habenaria edeworthii</i>	<i>Orchidaceae</i>
172.	<i>Rushabhak</i>	<i>Microstylis muscifera</i>	<i>Liliaceae</i>
173.	<i>Rohish</i>	<i>Cymbopogon martini</i>	<i>Graminaceae</i>
174.	<i>Rohitak</i>	<i>Tecomella undulate</i>	<i>Bignoniaceae</i>
175.	<i>Rajkshavak</i>	<i>Brassica juncea Linn</i>	<i>Brassicaceae</i>
176.	<i>Shirisha</i>	<i>Albizzia lebeck</i>	<i>Leguminosae</i>
177.	<i>Saptaparna</i>	<i>Alstonia scholaris</i>	<i>Apocynaceae</i>
178.	<i>Shigru</i>	<i>Moringa pterygosperma</i>	<i>Moringaceae</i>
179.	<i>Shalaparni</i>	<i>Desmodium gangaticum</i>	<i>Leguminosae</i>
180.	<i>Shati</i>	<i>Hedychium spicatum</i>	<i>Zingiberaceae</i>
181.	<i>Shonyak</i>	<i>Oroxylum indicum</i>	<i>Bignoniaceae</i>
182.	<i>Shatavari</i>	<i>Asperagus racemosus</i>	<i>Liliaceae</i>
183.	<i>Sariva (s)</i>	<i>Hemidesmus indicus</i>	<i>Asclepiadaceae</i>
184.	<i>Sariva (r)</i>	<i>Criptolepis buchanania</i>	<i>Asclepiadaceae</i>
185.	<i>Satyanashi</i>	<i>Argemone maxicana</i>	<i>Papaveraceae</i>
186.	<i>Satala</i>	<i>Acacia concinna</i>	<i>Mimosaceae</i>
187.	<i>Saral</i>	<i>Pinus longifolia</i>	<i>Pinaceae</i>
188.	<i>Shatapushpa</i>	<i>Anethum sowa</i>	<i>Umbelliferae</i>
189.	<i>Shami</i>	<i>Prosopis spicigera</i>	<i>Leguminosae</i>
190.	<i>Sudha</i>	<i>Euphorbia nerifolia</i>	<i>Euphorbiaceae</i>

191.	<i>Suvarchala</i>	<i>Helianthus annuus</i>	<i>Compositae</i>
192.	<i>Sarja</i>	<i>Vateria indica</i>	<i>Diptrocarpeae</i>
193.	<i>Shalmali</i>	<i>Bombax malabaricum</i>	<i>Bombacaceae</i>
194.	<i>Shankhapushpi</i>	<i>Convolvulus pluricaulis</i>	<i>Convolvulaceae</i>
195.	<i>Saireyak</i>	<i>Barleria prionitis</i>	<i>Acanthaceae</i>
196.	<i>Shinshappa</i>	<i>Dalbergia sissoo</i>	<i>Leguminosae</i>
197.	<i>Sunthi</i>	<i>Zingiber officinale</i>	<i>Zingiberaceae</i>
198.	<i>Sarshap</i>	<i>Brassica campestris</i>	<i>Cruciferae</i>
199.	<i>Shirkakoli</i>	<i>Roscocea procera</i>	<i>Zingiberaceae</i>
200.	<i>Shirvidari</i>	<i>Ipomoea digitata</i> Linn	<i>Convolvulaceae</i>
201.	<i>Sarpagandha</i>	<i>Rauwolfia serpentine</i>	<i>Apocynaceae</i>
202.	<i>Sprukka</i>	<i>Anisomelus malabarica?</i>	<i>Labiatae</i>
203.	<i>Surankanda</i>	<i>Amorphophallus campanulatus</i>	<i>Araceae</i>
204.	<i>Tejapatra</i>	<i>Cinnamomum tamala</i>	<i>Lauraceae</i>
205.	<i>Tagar</i>	<i>Valeriana wallichii</i>	<i>Valerianaceae</i>
206.	<i>Talishapatra</i>	<i>Abies webbiana</i>	<i>Pinaceae</i>
207.	<i>Tulsi</i>	<i>Ocimum sanctum</i>	<i>Labiatae</i>
208.	<i>Tamalaki</i>	<i>Phyllanthus niruri</i>	<i>Euphorbiaceae</i>
209.	<i>Tejoha</i>	<i>Zanthoxylum armatum</i>	<i>Rutaceae</i>
210.	<i>Trayamana</i>	<i>Gentiana kurroo</i>	<i>Gentianaceae</i>
211.	<i>Tila</i>	<i>Sesamum indicum</i>	<i>Pedaliaceae</i>
212.	<i>Tumbaru</i>	<i>Zanthoxylum alatum</i>	<i>Rutaceae</i>
213.	<i>Tuvarak</i>	<i>Hydnocarpus wightiana</i>	<i>Flacourtiaceae</i>
214.	<i>Ushira</i>	<i>Vetiveria zizaniodes</i>	<i>Gramineae</i>
215.	<i>Udumbar</i>	<i>Ficus glomerata</i>	<i>Moraceae</i>
216.	<i>Vidanga</i>	<i>Embllica ribes</i>	<i>Myrsinaceae</i>
217.	<i>Vasa</i>	<i>Adhatoda vasica</i>	<i>Acanthaceae</i>
218.	<i>Vacha</i>	<i>Acorus calamus</i>	<i>Araceae</i>
219.	<i>Vrukshamla</i>	<i>Garcinia indica</i>	<i>Guttiferae</i>
220.	<i>Vanslochan</i>	<i>Bambusa arundinacea</i>	<i>Graminae</i>
221.	<i>Vidari</i>	<i>Pueraria tuberosa</i>	<i>Leguminosae</i>
222.	<i>Vruddhi</i>	<i>Habenaria intermedia</i>	<i>Orchidaceae</i>
223.	<i>Vruntak</i>	<i>Solanum melongena</i>	<i>Solanaceae</i>
224.	<i>Vastuk</i>	<i>Chenopodium album</i>	<i>Chenopodiaceae</i>
225.	<i>Varun</i>	<i>Crataeva nurvala</i>	<i>Capparidaceae</i>
226.	<i>Vanatulsi</i>	<i>Ocimum basilicum</i>	<i>Laminaceae</i>
227.	<i>Vidhara</i>	<i>Calamus tenuis</i>	<i>Arecaceae</i>
228.	<i>Yashtimadhu</i>	<i>Glycyrrhiza glabra</i>	<i>Leguminosae</i>
229.	<i>Yava</i>	<i>Hordeum vulgare</i>	<i>Gramineae</i>
230.	<i>Yavasa</i>	<i>Achaji maurorum</i>	<i>Papilionaceae</i>

GUNA REFERENCES FROM NIGHANTU

Table no. 1: Gunas of Arshoghna dravyas from Dhavantari Nighantu.																							
Sr no.	Dravya	Guna									Rasa						Vipak			Virya			Specific ref
		G	Lg	Sn	R	Su	Ts	Sr	Pc	O	M	A	L	Kt	Tk	Ks	M	A	Kt	Sh	U	Au	
1	Agaru			+									+	+				+		+			
2	Ashwatha				+											+				+			
3	Amalaki							+			+	+		+	+	+				+			
4	Amra	+		+					+														
5	Aragwadha	+												+							+		
6	Agnimantha													+	+						+		
7	Ashwagandha														+	+					+		
8	Ativisha													+	+						+		
9	Ardrak													+							+		
10	Amalvetas				+										+	+					+		
11	Arka													+	+						+		
12	Amalika										+	+											
13	Adhaki		+								+					+				+			
14	Ajagandha																				+		
15	Arjun										+					+					+		
16	Ajamoda														+						+		
17	Apamarga													+	+						+		
18	Ajaji				+										+								
19	Ashok										+									+			
20	Aparajita														+								
21	Indravaruni		+											+	+						+		
22	Indrayav													+	+						+		
23	Ikshurak	+		+																+			
24	Ushira														+					+			
25	Udumbar															+				+			
26	Upakunchika													+				+					
27	Ela										+									+			

28	<i>Eranda</i>										+				+						+			
29	<i>Elavaluka</i>																					+		
30	<i>Kantakari</i>														+	+							+	
31	<i>Karanja</i>														+								+	
32	<i>Kasha</i>										+				+							+		
33	<i>Kutaj</i>					+									+	+	+						+	
34	<i>Kulatha</i>																+					+		+
35	<i>Karvi</i>														+							+		
36	<i>Kakamachi</i>										+					+							+	
37	<i>Kushta</i>														+	+							+	
38	<i>Kapitha</i>	+									+	+											+	
39	<i>Kampillak</i>														+								+	
40	<i>Karkatshrungi</i>															+							+	
41	<i>Keshar</i>														+	+							+	
42	<i>Krutavedha</i>										+				+	+								
43	<i>Karvir</i>														+	+							+	
44	<i>Kapikacchu</i>										+					+							+	
45	<i>Kirattikta</i>															+							+	
46	<i>Kadamba</i>																+						+	
47	<i>Kharjur</i>	+									+							+					+	
48	<i>Khadir</i>															+							+	
49	<i>Kramuk</i>																+						+	
50	<i>Kamal(s)</i>										+					+							+	
51	<i>Kamal(r)</i>										+					+							+	
52	<i>Kunchika</i>														+							+		
53	<i>Karkatak</i>	+																					+	
54	<i>Kustumbaru</i>										+				+	+	+							
55	<i>Kusha</i>																						+	
56	<i>Kovidar</i>															+								
57	<i>Karbudar</i>										+												+	
58	<i>Katabhi</i>														+	+							+	

90	<i>Tulsi</i>		+		+															+			
91	<i>Tamalaki</i>								+				+							+			
92	<i>Darvi</i>				+								+								+		
93	<i>Darbha</i>																			+			
94	<i>Devdaru</i>			+									+								+		
95	<i>Danti</i>						+						+								+		
96	<i>Dadim</i>			+																	+		
97	<i>Darksha</i>			+						+											+		
98	<i>Dhanyak</i>			+						+			+	+	+								
99	<i>Duralabha</i>									+			+								+		
100	<i>Dhataki</i>											+										+	
101	<i>Nirgundi</i>											+	+									+	
102	<i>Nichul</i>												+	+							+		
103	<i>Nimba</i>		+										+								+		
104	<i>Nagakeshar</i>		+										+								+		
105	<i>Nilini</i>												+									+	
106	<i>Nishotha</i>											+										+	
107	<i>Nakhi</i>											+										+	
108	<i>Patala</i>	+											+									+	
109	<i>Pushkarmula</i>											+	+									+	
110	<i>Prushniparni</i>		+							+												+	
111	<i>Pippali</i>			+								+			+						+		
112	<i>Padmak</i>			+											+						+		
113	<i>Patha</i>												+										
114	<i>Pippalimula</i>											+										+	
115	<i>Patola</i>											+	+									+	
116	<i>Palasha</i>			+						+		+									+		
117	<i>Priyangu</i>			+						+				+							+		
118	<i>Parpatak</i>												+								+		
119	<i>Parushak</i>	+								+													
120	<i>Punarnava (s)</i>				+								+									+	

121	<i>Punarnava(R)</i>													+									
122	<i>Bala</i>			+						+									+				
123	<i>Badara</i>		+	+						+													
124	<i>Bilva</i>			+								+	+	+								+	
125	<i>Bibhitak</i>		+															+					
126	<i>Bhallatak</i>									+		+	+									+	
127	<i>Bijak</i>														+								
128	<i>Bhutik</i>		+			+																+	
129	<i>Bharangi</i>													+								+	
130	<i>Maricha</i>											+	+									+	
131	<i>Musta</i>													+	+							+	
132	<i>Mulak</i>		+																				
133	<i>Madanphala</i>											+	+									+	
134	<i>Murva</i>									+												+	
135	<i>Matulunga</i>		+	+						+			+									+	
136	<i>Madhuka</i>	+								+												+	
137	<i>Manjistha</i>	+								+					+							+	
138	<i>Madayantika</i>									+		+										+	
139	<i>Meda</i>									+												+	
140	<i>Yashtimadhu</i>									+												+	
141	<i>Yava</i>	+				+				+												+	
142	<i>Rasana</i>	+												+								+	
143	<i>Rasona</i>	+		+			+			+			+									+	
144	<i>Rasanjan</i>												+									+	
145	<i>Rohish</i>		+			+																+	
146	<i>Rohitak</i>												+									+	
147	<i>Rajkshavak</i>												+	+								+	
148	<i>Laksha</i>			+									+	+	+								
149	<i>Langali</i>						+						+	+								+	
150	<i>Lodhra</i>					+				+					+							+	
151	<i>Lajjalu</i>												+									+	

82	Tejoha													+	+							+		
83	Tagar		+	+							+				+								+	
84	Tambaru																					+		
85	Twaka		+								+			+									+	
86	Tulsi													+	+								+	
87	Tamalaki										+				+	+						+		
88	Darvi					+									+					+			+	
89	Devdaru		+	+											+								+	
90	Danti						+	+						+						+			+	
91	Dadim										+	+					+							
92	Darksha	+																					+	
93	Dhanyak		+			+											+	+					+	
94	Dravanti						+	+							+						+		+	
95	Durva		+																				+	
96	Duralabha		+								+				+								+	
97	Dhava																						+	
98	Dhataki		+												+	+							+	
99	Dugdhika	+				+					+												+	
100	Nirgundi		+												+	+	+							
101	Nichul																						+	
102	Nimba		+																			+	+	
103	Nagakeshar		+			+																	+	
104	Nilini															+							+	
105	Nishotha					+					+				+						+		+	
106	Nakhi		+								+												+	
107	Patala										+					+							+	
108	Pushkarmula														+	+							+	
109	Prushniparni					+					+												+	
110	Pippali		+	+																		+		+
111	Padmak																						+	
112	Patha		+					+							+								+	

113	<i>Pippalimula</i>		+		+									+						+			
114	<i>Patola</i>																				+		
115	<i>Palasha</i>																						+
116	<i>Priyangu</i>																						+
117	<i>Parpatak</i>																						+
118	<i>Parushak</i>																						+
119	<i>Punarnava (s)</i>																						+
120	<i>Punarnava(R)</i>																						+
121	<i>Peelu</i>																						+
122	<i>Plava</i>																						+
123	<i>Pashanbheda</i>																						+
124	<i>Palandu</i>																						+
125	<i>Paraspimpal</i>																						+
126	<i>Bala</i>																						+
127	<i>Badara</i>																						+
128	<i>Bilva</i>																						+
129	<i>Bruhati</i>																						+
130	<i>Bibhitak</i>																						+
131	<i>Bhallatak</i>																						+
132	<i>Bharangi</i>																						+
133	<i>Bakuchi</i>																						+
134	<i>Maricha</i>																						+
135	<i>Musta</i>																						+
136	<i>Mulak</i>																						+
137	<i>Madanphala</i>																						+
138	<i>Murva</i>																						+
139	<i>Matulunga</i>																						+
140	<i>Madhuka</i>																						+
141	<i>Manjistha</i>																						+
142	<i>Madayantika</i>																						+
143	<i>Meda</i>																						+

144	Mahameda	+								+										+				
145	Mokha																					+		
146	Yashtimadhu	+																			+			
147	Yavani		+			+																		
148	Yava				+				+					+							+			
149	Rasana	+												+								+		
150	Rasona	+		+				+														+		
151	Rohish													+	+					+		+		
152	Ruddhi																					+		
153	Rushabhak																					+		
154	Laksha				+																	+		
155	Langali			+				+	+														+	
156	Lodhra									+				+	+							+		
157	Lajjalu													+	+							+		
158	Lonishak	+				+			+											+		+		
159	Lavanga			+																				
160	Vata	+																				+		
161	Vrukshamla			+																			+	
162	Vasa							+																
163	Vacha													+	+								+	
164	Vanslochan									+												+		
165	Vidari	+			+					+														
166	Vidanga			+		+																		
167	Vruddhi	+								+														
168	Vartak							+						+							+		+	
169	Vidhara							+						+									+	
170	Shaliparni	+																						
171	Shatavari	+			+					+												+		
172	Shati			+																		+		
173	Shamali				+																	+		
174	Shirish			+	+																	+		

175	Shami	+			+						+									+			
176	Shankhapushpi						+						+	+								+	
177	Sunthi		+		+								+					+			+		
178	Sariva(s)	+			+						+												
179	Sariva(k)	+			+						+												
180	Sarshap						+															+	
181	Sprukka										+										+		
182	Saral		+											+								+	
183	Sudha	+					+							+									
184	Saptaparna							+															
185	Saireyak				+						+			+								+	
186	Sarja	+												+	+						+		
187	Sarpagandha													+	+	+						+	
188	Suvarchala	+																			+		
189	Shigru		+				+															+	
190	Suvarnakshiri														+								
191	Shonyak													+	+	+				+	+		
192	Satala							+															
193	Shatapushpa		+				+							+								+	
194	Shinshapa																					+	
195	Surankanda		+		+					+				+		+							
196	Haritaki		+		+					+	+			+	+	+	+					+	
197	Haridra				+									+	+							+	
198	Hingu						+															+	
199	Hapusha													+	+	+						+	
200	Hriber		+		+																	+	
201	Kshirkakoli	+									+											+	

Table no. 3: Gunas of Arshoghna dravyas from Raj Nighantu.

Sr no.	Dravya	Guna									Rasa						Vipak			Virya			Specific ref
		G	Lg	Sn	R	Su	Ts	Sr	Pc	O	M	A	L	Kt	Tk	Ks	M	A	Kt	Sh	U	Au	
1	Agaru													+	+						+		
2	Ashwatha													+		+					+		
3	Amalaki		+											+	+		+				+		
4	Amra	+		+										+	+		+				+		
5	Aragwadha													+							+		
6	Agnimantha													+	+							+	
7	Ashwagandha														+	+						+	
8	Atibala													+	+							+	
9	Ativisha													+	+								
10	Ardrak		+											+			+					+	
11	Amalvetas		+												+		+					+	
12	Arka													+	+							+	
13	Amalika		+										+	+									
14	Adhaki	+												+			+						
15	Ajagandha													+								+	
16	Arjun															+						+	
17	Ajamoda				+									+								+	
18	Apamarga													+	+							+	
19	Ashok																				+		
20	Aparajita														+						+		
21	Indravaruni													+	+						+		
22	Indrayav													+	+						+		
23	Ikshurak												+								+		
24	Ushira														+						+		
25	Udumbar												+			+					+		
26	Upakunchika														+			+				+	
27	Ela														+						+		
28	Eranda													+	+							+	

60	<i>Gambhari</i>	+									+									+				
61	<i>Guduchi</i>	+												+	+							+		
62	<i>Gajapippali</i>					+								+									+	
63	<i>Godhum</i>	+			+																			
64	<i>Guggulu</i>													+	+									+
65	<i>Gunja</i>													+	+									+
66	<i>Gokshur</i>										+												+	
67	<i>Gajar</i>													+										+
68	<i>Chandan(s)</i>													+	+	+							+	
69	<i>Chandan(R)</i>														+								+	
70	<i>Chitrak</i>																					+		+
71	<i>Chavya</i>			+										+										+
72	<i>Changeri</i>											+												+
73	<i>Chakramarda</i>								+					+										
74	<i>Jambu</i>										+						+							+
75	<i>Jivak</i>										+												+	
76	<i>Jivanti</i>										+												+	
77	<i>Jirak</i>													+										+
78	<i>Jatamansi</i>													+			+						+	
79	<i>Jati</i>															+							+	
80	<i>Trayamana</i>										+												+	
81	<i>Tila</i>	+			+						+					+	+					+		+
82	<i>Tagar</i>															+							+	
83	<i>Tumbaru</i>										+			+	+									+
84	<i>Twaka</i>													+	+									
85	<i>Tamalaki</i>											+						+						
86	<i>Tejapatra</i>			+												+								+
87	<i>Talishpatra</i>										+				+									+
88	<i>Darvi</i>													+	+									+
89	<i>Darbha</i>											+											+	
90	<i>Devdaru</i>				+										+									+

91	<i>Danti</i>													+							+		
92	<i>Dadim</i>		+								+	+										+	
93	<i>Darksha</i>			+								+	+									+	
94	<i>Dhanyak</i>																					+	
95	<i>Dravanti</i>											+										+	
96	<i>Durva</i>											+			+	+						+	
97	<i>Duralabha</i>											+			+	+						+	
98	<i>Dhataki</i>														+							+	
99	<i>Dhava</i>														+							+	
100	<i>Nirgundi</i>					+									+	+						+	
101	<i>Nichul</i>														+							+	
102	<i>Nimba</i>																					+	
103	<i>Nagakeshar</i>		+																				+
104	<i>Nilini</i>														+			+				+	
105	<i>Nishotha</i>														+	+						+	
106	<i>Nakhi</i>														+							+	
107	<i>Patala</i>	+																				+	
108	<i>Pushkarmula</i>																					+	
109	<i>Prushniparni</i>																					+	
110	<i>Pippali</i>			+																		+	
111	<i>Padmak</i>																					+	
112	<i>Patha</i>	+																				+	
113	<i>Pippalimula</i>																					+	
114	<i>Patola</i>																					+	
115	<i>Palasha</i>																					+	
116	<i>Priyangu</i>																					+	
117	<i>Parpatak</i>																					+	
118	<i>Paribhadra</i>																					+	
119	<i>Parushak</i>														+	+						+	
120	<i>Punarnava (s)</i>																					+	
121	<i>Punarnava(R)</i>																					+	

153	Lajjala												+						+				
154	Lavanga						+								+					+			
155	Vata									+						+				+			
156	Vrukshamla										+		+			+					+		
157	Vasa												+	+						+			
158	Vacha						+						+								+		
159	Vanslochan						+								+	+				+			
160	Varun					+							+								+		
161	Vidari	+			+							+									+		
162	Vidanga			+											+							+	
163	Vruddhi					+							+								+		
164	Vetas												+		+						+		
165	Shaliparni	+														+						+	
166	Shatavari												+				+				+		
167	Shati						+						+		+							+	
168	Shamali			+	+						+	+						+			+		
169	Shirish														+							+	
170	Shami						+													+			
171	Shankhapushpi																+					+	
172	Sunthi						+								+							+	
173	Sariva(s)												+										
174	Sariva(k)												+										
175	Sarshap														+	+						+	
176	Sprukka														+	+	+						
177	Sudha																					+	
178	Saptaparna															+						+	
179	Saireyak														+	+						+	
180	Sarja						+						+		+	+							+
181	Sarpagandha														+	+						+	
182	Suvarchala														+	+					+		
183	Shigru												+		+							+	

19	Ajaji		+		+									+	+				+		+		
20	Ashok														+	+					+		
21	Aparajita													+	+	+				+			
22	Indravaruni		+											+	+				+			+	
23	Indrayav													+	+								+
24	Ikshurak	+		+						+									+			+	
25	Ushira		+		+					+					+							+	
26	Udumbar	+			+					+						+						+	
27	Ela		+		+									+					+			+	
28	Eranda	+								+												+	
29	Elavaluka		+													+			+		+		
30	Kantakari		+		+									+	+							+	
31	Karanja							+						+	+	+			+			+	
32	Kasha									+					+				+			+	
33	Kutaj				+									+	+	+						+	
34	Kulatha				+					+						+						+	
35	Karvi		+		+									+	+				+			+	
36	Kakamachi		+	+					+					+	+				+			+	
37	Kushta		+							+				+	+							+	
38	Kapitha		+		+					+	+					+							
39	Kampillak													+									+
40	Karkatshrungi														+	+							+
41	Katphala													+	+	+							
42	Keshar													+		+							
43	Krutavedha		+		+			+						+	+	+			+				
44	Karvir		+											+	+	+			+			+	
45	Kapikacchu									+					+							+	
46	Kirattikta		+		+			+							+							+	
47	Kadamba	+										+				+						+	
48	Kharjur	+		+						+						+						+	
49	Khadir									+					+	+						+	

50	<i>Kutaki</i>		+											+	+				+	+			
51	<i>Kebuk</i>		+							+					+				+	+			
52	<i>Kramuk</i>				+			+								+							
53	<i>Kamal</i>									+					+	+					+		
54	<i>Karkatak</i>	+			+					+											+		
55	<i>Kustumbaru</i>		+	+										+	+	+	+					+	
56	<i>Kusha</i>			+						+						+					+		
57	<i>Kovidar</i>															+					+		
58	<i>Karbudar</i>	+			+					+						+	+				+		
59	<i>Katabhi</i>							+						+		+							
60	<i>Kakanasa</i>													+	+	+				+		+	
61	<i>Kadali</i>	+		+						+											+		
62	<i>Katutumbi</i>														+					+	+		
63	<i>Kandeikshu</i>									+													
64	<i>Kakoli</i>	+								+											+		
65	<i>Kamalkesar</i>				+											+					+		
66	<i>Gambhari</i>	+								+					+	+						+	
67	<i>Guduchi</i>		+											+	+	+	+					+	
68	<i>Gajapippali</i>													+						+		+	
69	<i>Godhum</i>	+		+				+		+											+		
70	<i>Guggulu</i>		+		+	+		+		+				+	+	+				+		+	
71	<i>Gunja</i>														+	+						+	
72	<i>Gokshur</i>									+											+		
73	<i>Gajar</i>							+		+													
74	<i>Gorakmundi</i>		+							+				+	+	+				+		+	
75	<i>Chandan(s)</i>	+				+				+					+						+		
76	<i>Chandan(R)</i>		+		+										+						+		
77	<i>Chitrak</i>		+		+									+	+							+	
78	<i>Chavya</i>		+		+			+						+						+		+	
79	<i>Changeri</i>		+							+	+					+							
80	<i>Chakramarda</i>		+		+					+	+										+		

81	<i>Jambu</i>	+		+							+										
82	<i>Jivak</i>										+								+		
83	<i>Jivanti</i>		+	+							+								+		
84	<i>Jirak</i>		+		+							+	+					+		+	
85	<i>Jatamansi</i>										+		+	+					+		
86	<i>Jati</i>											+	+	+						+	
87	<i>Jimutak</i>					+							+					+			
88	<i>Trayamana</i>						+						+	+							
89	<i>Tejapatra</i>		+			+					+									+	
90	<i>Talish</i>											+	+								
91	<i>Tila</i>	+		+							+		+	+	+				+		+
92	<i>Tagar</i>		+	+							+		+	+	+				+		+
93	<i>Twaka</i>		+			+					+		+	+							+
94	<i>Tulsi</i>		+		+	+						+	+	+					+		+
95	<i>Tamalaki</i>		+								+			+	+				+		
96	<i>Tejoha</i>												+	+							+
97	<i>Tuvarak</i>														+				+		+
98	<i>Darvi</i>				+									+					+		+
99	<i>Darbha</i>			+							+				+				+		
100	<i>Devdaru</i>												+	+					+		+
101	<i>Danti</i>		+			+	+		+				+						+		+
102	<i>Dadim</i>		+	+						+	+				+						+
103	<i>Darksha</i>	+		+			+			+				+	+				+		
104	<i>Dhanyak</i>		+	+									+	+	+	+					+
105	<i>Dravanti</i>		+			+	+		+				+						+		+
106	<i>Durva</i>									+				+	+					+	
107	<i>Duralabha</i>		+				+			+				+	+					+	
108	<i>Dhava</i>	+			+					+					+					+	
109	<i>Dhataki</i>		+										+		+					+	
110	<i>Dugdhika</i>	+			+					+		+	+	+							+
111	<i>Nirgundi</i>		+										+	+							+

112	Nichul														+	+						+
113	Nimba		+												+	+					+	
114	Nagakeshar		+		+												+				+	
115	Nilini														+	+					+	
116	Nishotha				+										+	+	+				+	
117	Nakhi		+												+	+					+	
118	Nilkamal														+		+				+	
119	Patala															+	+					+
120	Pushkarmula														+	+					+	
121	Prushniparni														+						+	
122	Pippali		+	+											+						+	
123	Padmak		+												+	+					+	
124	Patha		+												+						+	
125	Pippalimula		+		+										+						+	
126	Patola		+	+											+	+					+	
127	Palasha				+										+	+	+				+	
128	Priyangu	+			+										+	+					+	
129	Parpatak		+													+					+	+
130	Parushak		+		+										+	+					+	
131	Punarnava(R)				+										+	+	+				+	
132	Plava																+				+	
133	Peelu														+	+					+	+
134	Pashanbheda															+	+				+	
135	Palandu														+						+	
136	Paraspimpal				+																	
137	Bala				+										+						+	
138	Badara		+	+											+		+				+	
139	Bilva		+		+										+	+	+				+	
140	Bruhati														+	+					+	
141	Bibhitak		+		+										+		+				+	
142	Bhallatak		+												+	+					+	+

143	<i>Bijak</i>													+		+					+		
144	<i>Bhutik</i>														+	+					+		+
145	<i>Bharangi</i>		+		+									+	+	+							+
146	<i>Bakuchi</i>		+		+			+							+	+					+	+	
147	<i>Bhurjapatra</i>															+							
148	<i>Maricha</i>		+		+		+							+							+		+
149	<i>Musta</i>													+	+	+						+	
150	<i>Mulak</i>	+			+		+						+	+							+		+
151	<i>Madanphala</i>		+		+									+		+							+
152	<i>Murva</i>													+		+					+		+
153	<i>Matulunga</i>		+											+									+
154	<i>Madhuka</i>														+	+							
155	<i>Manjistha</i>	+												+		+							+
156	<i>Meda</i>	+												+								+	
157	<i>Mushakarni</i>		+											+	+	+					+	+	
158	<i>Mahameda</i>	+												+									+
159	<i>Mokha</i>						+							+	+								+
160	<i>Yashtimadhu</i>	+			+									+							+		+
161	<i>Yava</i>	+			+									+							+	+	
162	<i>Yavani</i>		+				+							+	+								+
163	<i>Rasana</i>	+													+								+
164	<i>Rasona</i>	+			+			+	+					+							+		+
165	<i>Rasanjan</i>													+	+								+
167	<i>Rohitak</i>							+						+	+								+
168	<i>Rajkshavak</i>		+				+							+							+		+
169	<i>Ruddhi</i>													+								+	
170	<i>Rushabhak</i>													+								+	
171	<i>Laksha</i>		+		+										+	+							+
172	<i>Langali</i>		+				+	+						+	+							+	
173	<i>Lodhra</i>					+		+								+						+	
174	<i>Lonishak</i>	+				+								+	+								

175	Lavanga		+		+									+	+					+			
176	Vata	+			+											+					+		
177	Vrukshamla		+		+						+			+				+			+		
178	Vasa		+											+	+						+		
179	Vacha													+	+							+	
180	Vanslochan				+						+					+							
181	Varun		+		+						+			+	+	+						+	
182	Vidari	+		+							+											+	
183	Vidanga		+		+									+	+					+		+	
184	Vruddhi	+									+												
185	Vartak		+								+			+	+					+		+	
186	Vastuk		+								+			+									
187	Vetas														+	+						+	
188	Vidhara										+			+	+	+						+	
189	Shaliparni	+									+				+							+	
190	Shatavari	+		+							+				+						+		
191	Shati		+								+			+	+	+							+
192	Shamali	+		+							+				+	+	+				+		
193	Shirish		+								+				+	+							+
194	Shami		+											+	+	+						+	
195	Shinshapa													+	+	+						+	
196	Shankhapushpi										+					+						+	
197	Sunthi		+	+										+						+		+	
198	Sariva(s)	+		+							+				+						+		
199	Sariva(k)	+		+							+				+						+		
200	Sarshap				+		+							+	+					+		+	
201	Saral		+	+							+			+	+					+		+	
202	Sudha	+					+							+	+							+	
203	Saptaparna			+											+							+	
204	Saireyak			+							+				+							+	
205	Sarja				+											+					+		

206	Sarpagandha														+	+	+									
207	Suvarchala		+												+	+				+	+					
208	Shigru		+		+				+						+	+				+		+				
209	Suvarnakshiri									+						+										
210	Shonyak		+		+											+	+				+	+				
211	Satala		+													+					+	+				
212	Satyanashi															+										
213	Siddhrath				+				+						+	+					+				+	
214	Surankanda		+		+						+				+		+									
215	Haritaki		+		+						+	+			+	+	+								+	
216	Haridra				+										+	+										
217	Hingu		+												+	+					+				+	
218	Hapusha	+													+	+	+								+	
219	Hriber		+		+										+	+					+				+	
220	Harenuka														+	+					+				+	
221	Kshirkakoli	+									+														+	

Table no. 5 Gunas of Arshoghna dravyas from Bhavprakash Nighantu.

Sr no.	Dravya	Guna									Rasa						Vipak			Virya			Specific ref				
		G	Lg	Sn	R	Su	Ts	Sr	Pc	O	M	A	L	Kt	Tk	Ks	M	A	Kt	Sh	U	Au					
1	Agaru		+				+							+	+										+		
2	Ashwatha	+			+												+						+				
3	Amalaki							+				+	+		+	+	+							+			
4	Amra											+			+		+	+					+				
5	Aragwadha	+										+												+			
6	Agnimantha											+			+	+	+								+		
7	Ashwagandha														+		+								+		
8	Atibala				+								+											+			
9	Ativisha														+	+									+		
10	Ardrak	+			+			+							+					+					+		
11	Amalvetas		+		+								+														

12	Arka		+					+					+		+						+			
13	Amalika	+			+			+				+										+		
14	Adhaki		+		+						+				+						+			
15	Ajagandha													+			+				+	+		
16	Arjun															+					+			
17	Ajamoda		+					+							+								+	
18	Apamarga						+	+							+	+							+	
19	Ajaji														+								+	
20	Ashok															+	+					+		
21	Aparajita														+	+	+					+		
22	Indravaruni		+					+								+					+		+	
23	Indrayav														+							+	+	
24	Ikshurak										+	+				+						+		
25	Ushira		+								+					+						+		
26	Udumbar	+			+						+						+					+		
27	Upakunchika					+									+								+	
28	Ela		+		+																			
29	Eranda	+									+												+	
30	Elavaluka		+														+				+	+		
31	Kantakari	+				+									+	+							+	
32	Karanja							+							+						+		+	
33	Kasha							+			+					+				+		+		
34	Kutaj					+				+					+		+					+		
35	Kulatha		+														+				+		+	
36	Kakamachi				+										+	+							+	
37	Kushtha		+								+				+	+							+	
38	Kapitha		+									+					+							
39	Kampillak														+								+	
40	Karkatshrungi															+	+						+	
41	Katphal														+	+	+							
42	Keshar				+										+	+								

43	<i>Katrun</i>	+			+										+				+			
44	<i>Krutavedha</i>								+										+			
45	<i>Karvir</i>												+	+	+						+	
46	<i>Kapikacchu</i>	+							+					+								
47	<i>Kirattikta</i>		+		+		+							+						+		
48	<i>Kadamba</i>	+			+		+		+		+			+		+				+		
49	<i>Kharjur</i>	+		+					+							+				+		
50	<i>Khadir</i>								+					+	+					+		
51	<i>Kramuk</i>	+								+											+	
52	<i>Kamal</i>								+											+		
53	<i>Kunchika</i>			+																+		
54	<i>Kusha</i>								+						+					+		
55	<i>Kovidar</i>		+		+										+					+		
56	<i>Karbudar</i>														+					+		
57	<i>Katabhi</i>				+								+								+	
58	<i>Kakanasa</i>												+	+	+				+		+	
59	<i>Kadali</i>	+		+					+							+				+		
60	<i>Katutumbi</i>													+					+	+		
61	<i>Kamalkesar</i>														+					+		
62	<i>Kayphal</i>												+	+	+						+	
63	<i>Kandeikshu</i>								+							+				+		
64	<i>Kakoli</i>	+							+											+		
65	<i>Kutaki</i>		+		+								+							+		
66	<i>Gambhari</i>	+							+					+	+						+	
67	<i>Guduchi</i>		+										+	+	+	+					+	
68	<i>Gajapippali</i>												+								+	
69	<i>Godhum</i>	+		+			+		+											+		
70	<i>Guggulu</i>		+		+	+		+	+	+			+	+	+			+			+	
71	<i>Gunja</i>								+												+	
72	<i>Gokshur</i>								+							+				+		
73	<i>Gandir</i>	+							+					+	+						+	

74	<i>Gajar</i>		+	+							+				+						+		
75	<i>Chandan</i>		+		+						+				+						+		
76	<i>Chitrak</i>		+		+																+		+
77	<i>Chavya</i>		+		+									+									+
78	<i>Changeri</i>				+							+											+
79	<i>Chakramarda</i>													+									+
80	<i>Jambu</i>	+										+											
81	<i>Jivak</i>											+											+
82	<i>Jivanti</i>		+	+								+											+
83	<i>Jirak</i>		+		+																		
84	<i>Jatamansi</i>											+				+	+						+
85	<i>Jati</i>		+																				
86	<i>Jimutak</i>																						+
87	<i>Trayamana</i>																						+
88	<i>Tejapatra</i>		+									+											+
89	<i>Talish</i>		+																				+
90	<i>Tila</i>			+											+								+
91	<i>Tejoha</i>															+	+						+
92	<i>Tagar</i>		+	+								+											+
93	<i>Tumbaru</i>		+		+											+	+						+
94	<i>Twaka</i>																						+
95	<i>Tulsi</i>																+	+					+
96	<i>Tamalaki</i>																+	+					+
97	<i>Darvi</i>				+												+	+					+
98	<i>Darbha</i>																+						+
99	<i>Devdaru</i>																+						+
100	<i>Danti</i>																+						+
101	<i>Dadim</i>		+	+													+	+					+
102	<i>Darksha</i>	+															+						+
103	<i>Dhanyak</i>		+	+													+	+					+
104	<i>Dravanti</i>																						+

105	<i>Durva</i>		+							+				+	+				+				
106	<i>Duralabha</i>		+							+				+	+				+				
107	<i>Dhava</i>												+		+				+				
108	<i>Dhataki</i>		+										+		+				+				
109	<i>Dugdhika</i>	+			+					+			+	+								+	
110	<i>Nirgundi</i>		+										+	+	+								
111	<i>Nichul</i>																			+			
112	<i>Nimba</i>												+							+			
113	<i>Nagakeshar</i>		+		+									+						+			
114	<i>Nilini</i>													+						+			
115	<i>Nishotha</i>				+					+										+			
116	<i>Nakhi</i>		+							+			+							+			
117	<i>Patala</i>													+	+							+	
118	<i>Pushkarmula</i>												+	+									
119	<i>Prushniparni</i>							+		+											+		
120	<i>Pippali</i>		+		+								+				+					+	
121	<i>Padmak</i>		+											+	+					+			
122	<i>Patha</i>		+				+						+								+		
123	<i>Pippalimula</i>		+		+								+								+		
124	<i>Patola</i>		+	+																	+		
125	<i>Palasha</i>			+			+						+	+	+						+		
126	<i>Priyangu</i>													+	+					+			
127	<i>Parpatak</i>		+											+						+			
128	<i>Parushak</i>		+							+					+	+							
129	<i>Punarnava (s)</i>												+		+								
130	<i>Punarnava(R)</i>		+															+	+				
131	<i>Plava</i>												+	+	+					+			
132	<i>Peelu</i>													+							+		
133	<i>Pashanbheda</i>													+	+					+			
134	<i>Palandu</i>									+							+					+	
135	<i>Paraspimpal</i>			+						+	+												

136	<i>Bala</i>			+								+								+				
137	<i>Badara</i>	+		+								+	+								+			
138	<i>Bilva</i>		+		+									+	+							+		
139	<i>Bruhati</i>													+	+							+		
140	<i>Bibhitak</i>				+											+	+					+		
141	<i>Bhallatak</i>		+									+				+						+		
142	<i>Bijak</i>																				+			
143	<i>Bhutik</i>															+	+							
144	<i>Bharangi</i>		+		+									+	+							+		
145	<i>Bhurjapatra</i>															+								
146	<i>Maricha</i>				+		+								+							+		
147	<i>Musta</i>													+	+	+					+			
148	<i>Mulak</i>		+											+								+		
149	<i>Madanphala</i>		+								+				+							+		
150	<i>Murva</i>	+					+				+				+									
151	<i>Matulunga</i>		+									+												
152	<i>Madhuka</i>	+									+											+		
153	<i>Manjistha</i>	+									+			+		+						+		
154	<i>Madayantika</i>		+											+	+							+		
155	<i>Meda</i>	+																				+		
156	<i>Mahameda</i>	+																				+		
157	<i>Mokha</i>													+	+							+		
158	<i>Maltipushpa</i>		+												+	+						+		
159	<i>Yashtimadhu</i>	+		+							+			+	+							+		
160	<i>Yavani</i>		+				+								+	+						+		
161	<i>Yava</i>		+		+			+	+	+					+						+	+		
162	<i>Rasana</i>	+												+								+		
163	<i>Rasona</i>	+		+			+	+			+			+							+	+		
164	<i>Rasanjan</i>													+	+							+		
165	<i>Rohish</i>														+	+				+				
166	<i>Rohitak</i>														+	+					+			

167	Laksha		+	+											+				+				
168	Langali		+				+	+						+	+	+					+		
169	Lodhra		+													+				+			
170	Lajjalu														+	+				+			
171	Lonishak	+			+						+	+											
172	Lavanga		+											+	+					+			
173	Vata	+												+						+			
174	Vrukshamla		+		+						+			+		+					+		
175	Vasa		+												+	+					+		
176	Vacha													+	+						+		
177	Vanslochan									+						+				+			
178	Varun		+		+					+				+	+	+					+		
179	Vidari	+		+						+										+			
180	Vidanga		+		+		+																
181	Vruddhi	+								+													
182	Vastuk		+																	+			
183	Shaliparni	+								+					+								
184	Shatavari	+		+						+					+					+			
185	Shati		+				+							+	+	+						+	
186	Shalmali			+						+									+		+		
187	Shirish		+							+					+	+					+		
188	Shami		+											+	+	+				+			
189	Shinshapa													+	+	+					+		
190	Shankhapushpi							+						+							+		
191	Sunthi		+	+																			
192	Sariva(s)	+		+						+													
193	Sariva(k)	+		+						+													
194	Sarshap			+			+							+	+				+		+		
195	Sprukka									+					+				+				
196	Saral		+	+						+					+			+		+			
197	Sudha	+					+							+							+		

198	<i>Saptaparna</i>			+				+							+					+			
199	<i>Saireyak</i>			+						+	+			+							+		
200	<i>Sarja</i>														+								
201	<i>Sarpagandha</i>												+	+	+						+		
202	<i>Suvarchala</i>	+			+								+			+			+				
203	<i>Shigru</i>		+		+		+			+			+	+				+			+		
204	<i>Suvarnakshiri</i>													+									
205	<i>Shonyak</i>													+	+			+			+		
206	<i>Satala</i>		+										+	+									
207	<i>Satyanashi</i>													+									
208	<i>Shatapushpa</i>		+		+		+														+		
209	<i>Surankanda</i>		+		+				+				+		+								
210	<i>Haritaki</i>		+		+				+	+			+	+	+	+					+		
211	<i>Haridra</i>				+								+	+							+		
212	<i>Hingu</i>						+																
213	<i>Hapusha</i>	+												+	+						+		
214	<i>Hriber</i>		+		+																+		
215	<i>Kshirkakoli</i>	+							+												+		

OBSERVATION AND RESULTS

Table No. 6: Different opinion about *Gunās* of *Arshoghna Dravya* according to various *Nighantus*.

Sr	Dravya	D.N	M.N	R.N.	K.N.	B.P.
1	Ardrak	-	Guru	Laghu	Guru, Tikshna	Guru, Ruksha, Tikshna
2	Amlavetas	Ruksha	Laghu	-	Laghu, Snigdha, Ruksha, Tikshna	Laghu, Ruksha
3	Adhaki	Laghu	-	Guru	Laghu, Ruksha	Laghu, Ruksha
4	Indravaruni	Laghu	Guru	-	Laghu	Laghu, Sar
5	Usheer	Snigdha	-	-	Ruksha, Laghu	Laghu
6	Kantakari	-	Laghu, Ruksha, Sara	-	Laghu, Ruksha	Guru, Ruksha
7	Guduchi	Guru	Laghu	Guru	Laghu	Laghu
8	Chandan	-	Laghu, Ruksha	-	Guru, Sukshma	Laghu, Ruksha
9	Chandan(R)	-	Guru	-	Laghu, Ruksha	-
10	Pippali	-	Laghu, Snigdha	-	-	Laghu, Ruksha
11	Matulunga	Laghu	Guru	Laghu	Laghu	Laghu
12	Patha	-	Laghu, Tikshna	Guru	Laghu Tikshna	Laghu Tikshna
13	Yava	Guru, Ruksha	Ruksha	-	Guru, Ruksha	Laghu, Ruksha, Pichchil
14	Varuna	-	-	Snigdha	Laghu, Ruksha	Laghu, Ruksha
15	Shami	Guru, Ruksha	Laghu, Sara	Ruksha	Laghu	Laghu
16	Sarshap	-	Tikshna	-	Ruksha, Tikshna	Snigdha, Tikshna
17	Suvarchala	Sara	Guru	-	Laghu	Guru, Sara, Ruksha
18	Haritaki	Laghu, Ruksha	Laghu, Ruksha	-	Laghu, Snigdha	Laghu, Ruksha

Table No. 7: Different opinion about Rasa of Arshoghna Dravya according to various Nighantus.

Sr	Dravya	D.N.	M.N.	R.N.	K.N.	B.P.
1	Amlavetas	Tikta, Kashay	-	Amla, Kashay	-	Amla
2	Aragwadha	Tikta	Madhur	Madhur	Madhur	Madhur
3	Arka	Katu Tikta	-	Katu, Tikta	Lavan, Kashay	Lavan, Tikta
4	Ashwagandha	Tikta, Kashay	Tikta, Kashay	Katu, Tikta	Katu, Kashay	Katu, Kashay
5	Atibala	-	Madhur	Katu, Tikta	Madhur	Madhur
6	Ashwatha	Kashay	-	Madhur, Kashay	Kashay	Kashay
7	Ela	Madhur	-	Tikta	Katu	-
8	Eranda	Madhur	Madhur	Tikta, Katu	Madhur	Madhur
9	Kadamba	Kashay	-	Katu, Tikta Kashay	Kashay, Lavan	Madhur, Lavan
10	Kampillak	Katu	Lavan	Katu	Katu	Katu
11	Karanja	Katu, Tikta	Katu	Katu	Katu, Tikta, Kashay	Katu
12	Krutvedhan	Tikta	-	Madhur	Madhur	-
13	Katphala	-	Katu, Tikta, Kashay	Katu	Katu, Tikta, Kashya	Lavan, Katu, Tikta
14	Khadir	Tikta	-	Tikta	Tikta, Kashay	Tikta, Kashay
15	Kharjur	Madhur	Madhur, Kashay	Madhur, Kashay	Madhur, Kashay	Madhur
16	Kulatha	Kashay, Madhur	Kashay, Madhur	Katu, Tikta	Kashay, Madhur	Kashay, Madhur
17	Gajapippali	Madhur, Katu	Katu	Katu	Katu	Katu
18	Gambhari	-	Madhur	Katu, Tikta	Madhur, Tikta, Kashay	Madhur, Tikta Kashay
19	Chandan	Madhur, Tikta	Tikta	Katu, Tikta, Kashay	Madhur, Tikta	Madhur, Katu
20	Dhav	-	-	-	Madhur, Kashay	Katu, Kashay
21	Dhanyak	Madhur, Tikta, Kashay	Kashay	Madhur, Kashay	Katu, Tikta Kashay	Katu, Tikta, Kashay
22	Talishapatra	-	-	Madhur,	Katu,	-

				<i>Tikta</i>	<i>Tikta</i>	
23	<i>Tagar</i>	<i>Kashay</i>	<i>Madhur, Tikta</i>	<i>Tikta</i>	<i>Madhur, Tikta Kashay</i>	<i>Madhur</i>
24	<i>Tejapatra</i>	-	-	<i>Tikta</i>	<i>Madhur</i>	<i>Madhur</i>
25	<i>Trayamana</i>	<i>Katu, Kashay</i>	-	<i>Madhur</i>	<i>Tikta, Kashay</i>	<i>Tikta, Kashay</i>
26	<i>Nagkeshar</i>	<i>Tikta</i>	-	<i>Tikta</i>	<i>Kashay</i>	<i>Kashay</i>
27	<i>Parushak</i>	<i>Madhur</i>	<i>Madhur, Amla, Kashay</i>	<i>Madhur, Amla, Katu</i>	<i>Madhur, Amla Tikta Kashay</i>	<i>Amla, Kashay</i>
28	<i>Patha</i>	<i>Tikta</i>	<i>Katu</i>	<i>Tikta</i>	<i>Katu</i>	<i>Katu</i>
29	<i>Patala</i>	<i>Tikta</i>	<i>Kashay, Madhur</i>	<i>Tikta</i>	<i>Tikta Kashay</i>	<i>Tikta Kashay</i>
30	<i>Priyangu</i>	<i>Madhur Kashay</i>	-	<i>Tikta</i>	<i>Madhur, Tikta, Kashay</i>	<i>Tikta, Kashay</i>
31	<i>Prushniparni</i>	<i>Madhur</i>	<i>Madhur</i>	<i>Amla, Katu, Tikta</i>	<i>Madhur</i>	<i>Madhur</i>
32	<i>Punarnava</i>	<i>Tikta</i>	<i>Tikta</i>	<i>Tikta</i>	<i>Madhur, Tikta, Katu Kashay</i>	<i>Katu, Kashay</i>
33	<i>Bala</i>	<i>Madhur</i>	<i>Madhur</i>	<i>Madhur Tikta</i>	<i>Madhur</i>	<i>Madhur</i>
34	<i>Bhumyamalaki</i>	<i>Madhur, Tikta Kashay</i>	<i>Madhur, Tikta Kashay</i>	<i>Amla, Kashay</i>	<i>Madhur, Tikta Kashay</i>	<i>Madhur, Tikta Kashay</i>
35	<i>Bibhitak</i>	<i>Katu</i>	<i>Kashay</i>	<i>Katu, Tikta, Kashay</i>	<i>Kashay, Madhur</i>	<i>Kashay</i>
36	<i>Madanphala</i>	<i>Katu, Tikta</i>	<i>Tikta</i>	<i>Katu, Tikta</i>	<i>Madhur, Tikta</i>	<i>Madhur, Tikta</i>
37	<i>Madhooka</i>	<i>Madhur</i>	<i>Madhur, Kashay</i>	<i>Madhur</i>	<i>Tikta, Kashay</i>	<i>Madhur</i>
38	<i>Maricha</i>	<i>Katu, Tikta</i>	<i>Katu</i>	<i>Katu, Tikta</i>	<i>Katu</i>	<i>Katu</i>
39	<i>Mulak</i>	-	-	<i>Katu</i>	<i>Madhur, Katu</i>	<i>Madhur</i>
40	<i>Sariva</i>	<i>Madhur</i>	<i>Madhur</i>	<i>Madhur</i>	<i>Madhur, Tikta</i>	<i>Madhur</i>
41	<i>Saireyak</i>	<i>Tikta</i>	<i>Madhur, Tikta</i>	<i>Katu, Tikta</i>	<i>Madhur, Tikta</i>	<i>Amla, Tikta</i>
42	<i>Shami</i>	<i>Madhur</i>	-	<i>Katu, Tikta, Kashay</i>	<i>Madhur, Tikta, Kashay</i>	<i>Madhur, Tikta, Kashay</i>
43	<i>Shalmali</i>	<i>Kashay</i>	-	<i>Madhur</i>	<i>Madhur</i>	<i>Madhur</i>

44	<i>Shati</i>	<i>Tikta</i>	-	<i>Madhur</i>	<i>Katu, Tikta, Kashay</i>	<i>Katu, Tikta, Kashay</i>
45	<i>Shirish</i>	<i>Tikta</i>	-	<i>Katu</i>	<i>Madhur, Tikta, Kashay</i>	<i>Madhur, Tikta, Kashay</i>
46	<i>Shankha-pushpi</i>	<i>Katu, Tikta</i>	<i>Kashay</i>	<i>Tikta</i>	<i>Katu, Tikta</i>	<i>Kashay</i>
47	<i>Saptaparna</i>	-	-	<i>Tikta</i>	<i>Kashay</i>	<i>Kashay</i>
48	<i>Sudha</i>	<i>Tikta</i>	<i>Katu</i>	-	<i>Katu, Tikta</i>	<i>Katu</i>
49	<i>Yashtimadhu</i>	<i>Madhur</i>	-	<i>Madhur, Tikta</i>	<i>Madhur</i>	<i>Madhur</i>
50	<i>Rasona</i>	<i>Madhur, Katu</i>	-	<i>Madhur, Lavan, Katu, Tikta, Kashay</i>	<i>Madhur, Katu</i>	<i>Madhur, Katu</i>
51	<i>Vanslochan</i>	<i>Madhur, Tikta, Kashay</i>	<i>Madhur</i>	<i>Kashay</i>	<i>Madhur, Kashay</i>	<i>Madhur, Kashay</i>
52	<i>Varuna</i>	<i>Katu, Tikta</i>	-	<i>Katu</i>	<i>Madhur, Katu, Tikta, Kashay</i>	<i>Madhur, Katu, Tikta, Kashay</i>
53	<i>Vata</i>	<i>Kashay</i>	-	<i>Madhur, Kashay</i>	<i>Kashay</i>	<i>Kashay</i>

Table No. 8: Different opinion about Vipaka of Arshoghna Dravya according to various Nighantus.

Sr	Dravya	D.N.	M.N.	R.N.	K.N.	B.P.
1	<i>Indravaruni</i>	-	-	-	<i>Amla</i>	<i>Katu</i>
2	<i>Bibhitak</i>	<i>Katu</i>	-	-	<i>Katu</i>	<i>Madhur</i>
3	<i>Saral</i>	-	-	-	<i>Katu</i>	<i>Madhur</i>
4	<i>Sunthi</i>	-	<i>Katu</i>	-	<i>Madhur</i>	<i>Madhur</i>
5	<i>Suvarchala</i>	-	-	-	<i>Katu</i>	<i>Madhur</i>

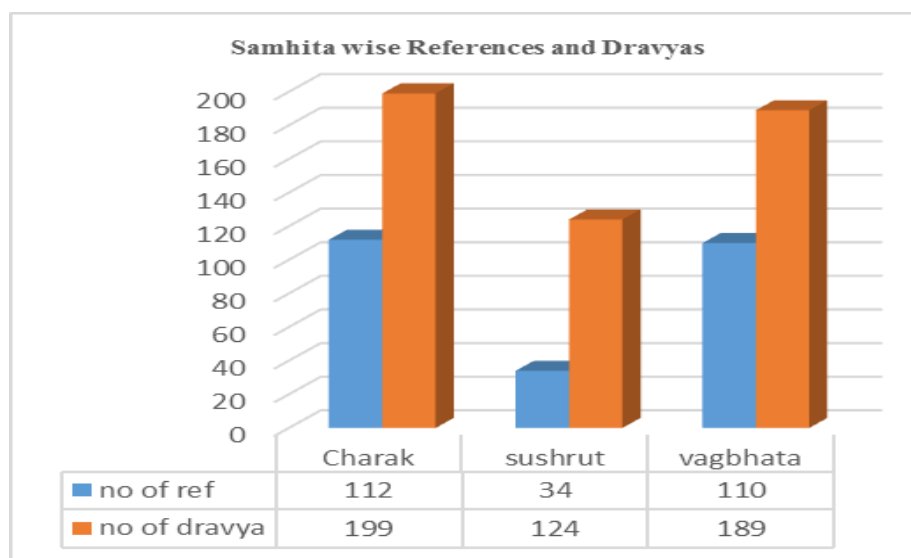
Table No. 9: Different opinion about Virya of Arshoghna Dravya according to various Nighantus.

Sr	Dravya	D.N.	M.N.	R.N.	K.N.	B.P.
1	<i>Arjun</i>	<i>Ushna</i>	<i>Shita</i>	<i>Ushna</i>	<i>Shita</i>	<i>Shita</i>
2	<i>Aragwadha</i>	<i>Ushna</i>	<i>Shita</i>	<i>Shita</i>	<i>Shita</i>	<i>Shita</i>
3	<i>Kutaj</i>	<i>Shita</i>	-	<i>Ushna</i>	<i>Shita</i>	<i>Shita</i>
4	<i>Gunja</i>	<i>Ushna</i>	<i>Ushna</i>	<i>Ushna</i>	<i>Anushna</i>	-
5	<i>Tagar</i>	<i>Ushna</i>	<i>Ushna</i>	<i>Shita</i>	<i>Ushna</i>	<i>Ushna</i>
6	<i>Trayamana</i>	<i>Ushna</i>	-	<i>Shita</i>	-	-
7	<i>Dhataki</i>	<i>Ushna</i>	-	<i>Ushna</i>	<i>Shita</i>	<i>Shita</i>

8	<i>Dhanyak</i>	-	<i>Ushna</i>	<i>Shita</i>	<i>Ushna</i>	<i>Ushna</i>
9	<i>Nagkeshar</i>	<i>Anushna</i>	<i>Ushna</i>	<i>Anushna</i>	<i>Ushna</i>	<i>Ushna</i>
10	<i>Nirgundi</i>	<i>Ushna</i>	-	<i>Ushna</i>	<i>Shita</i>	-
11	<i>Patala</i>	<i>Anushna</i>	<i>Anushna</i>	<i>Anushna</i>	<i>Anushna</i>	<i>Anushna</i>
12	<i>Pippali</i>	<i>Shita</i>	<i>Atyushna</i>	<i>Anushna</i>	<i>Ishadushna</i>	<i>Anushna</i>
13	<i>Badar</i>	-	<i>Ushna</i>	<i>Ushna</i>	<i>Ushna</i>	<i>Shita</i>
14	<i>Bhallataka</i>	<i>Ushna</i>	<i>Ushna</i>	<i>Ushna</i>	<i>Shita</i>	<i>Shita</i>
15	<i>Malati</i>	-	<i>Ushna</i>	<i>Shita</i>	<i>Ushna</i>	<i>Ushna</i>
16	<i>Matulunga</i>	<i>Ushna</i>	<i>Shita</i>	<i>Ushna</i>	<i>Ushna</i>	-
17	<i>Mushakaparni</i>	-	-	<i>Ushna</i>	<i>Shita</i>	<i>Shita</i>
18	<i>Shami</i>	<i>Ushna</i>	<i>Shita</i>	-	-	<i>Shita</i>
19	<i>Shati</i>	<i>Anushna</i>	<i>Shita</i>	<i>Anushna</i>	<i>Anushna</i>	<i>Anushna</i>
20	<i>Shankhapushpi</i>	<i>Ushna</i>	<i>Ushna</i>	<i>Ushna</i>	<i>anushna</i>	<i>Ushna</i>
21	<i>Shirish</i>	<i>Ushna</i>	<i>Shita</i>	<i>Shita</i>	<i>Anushna</i>	<i>Anushna</i>
22	<i>Saireyak</i>	<i>Shita</i>	<i>Ushna</i>	-	<i>ushna</i>	<i>Ushna</i>
23	<i>Suvarchala</i>	<i>Ushna</i>	<i>Shita</i>	<i>Shita</i>	<i>ushna</i>	<i>Shita</i>

Samhitawise distribution of References and Dravyas

<i>Samhita</i>	No. of ref.	Percentage (%)	No. of <i>Dravya</i>	Percentage (%)
Charak	112	43.75	199	38.86
Sushruta	34	13.28	124	24.12
Vagbhata	110	42.96	189	36.91
Total	256	100	512	100



Graph No. 1: Samhitawise distribution of References and Dravyas.

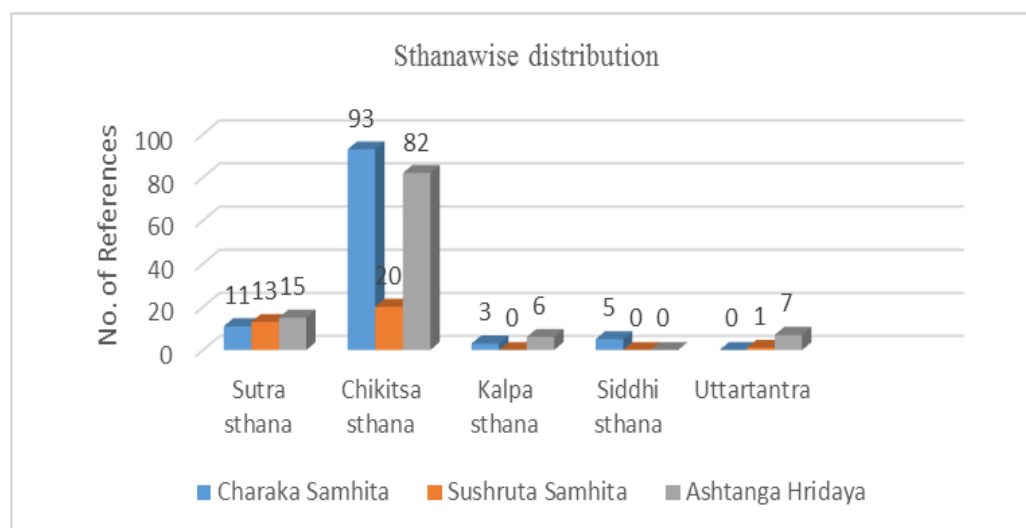
Total no. of references found are 256.

It was observed from the present study that the maximum number of references 112(43.75%) are mentioned in *Charaka Samhita*; then in *Ashtanga Hridaya* 110(42.96%) references mentioned, whereas 34(13.28%) references mentioned in *Sushruta Samhita*.

In case of *Arshoghna dravyas* maximum number of *dravyas* mentioned in *Charaka Samhita* are 199(38.86%); then in *Ashtanga Hridaya* 189(36.91), where as 124(24.12%) *dravyas* mentioned in *Sushrut Samhita*.

Sthanawise distribution of references of *Arshoghana Dravyas* in *samhitas*

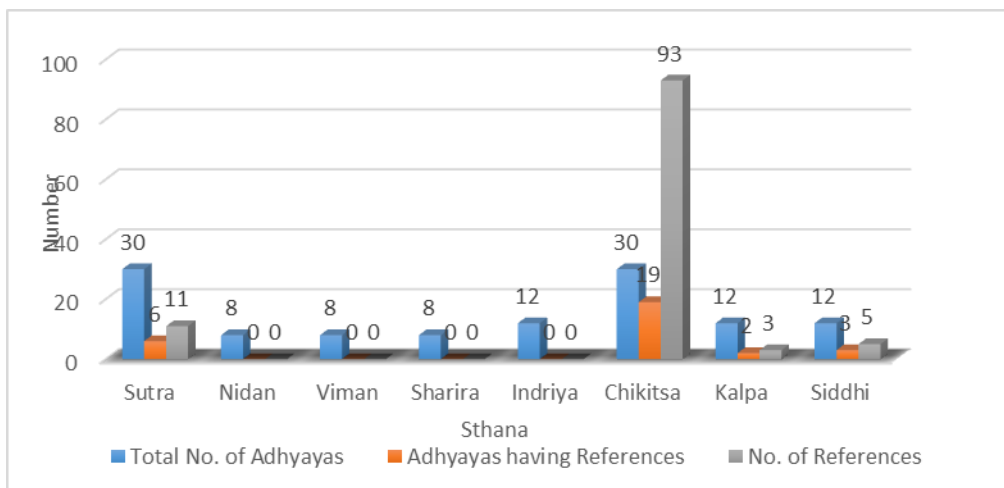
<i>Sthana</i>	<i>Charaka Samhita</i>	<i>Sushruta Samhita</i>	<i>Ashtanga Hridaya</i>
<i>Sutra sthana</i>	11	13	15
<i>Chikitsa sthana</i>	93	20	82
<i>Kalpa sthana</i>	03	00	06
<i>Siddhi sthana</i>	05	00	00
<i>Uttartantra</i>	00	01	07
Total	112	34	110



Graph No. 2: *Sthanawise* distribution of references of *Arshoghna Dravya* in *Brihatrayee*.

Sthanawise *Arshoghna Dravyas* References in *Charak Samhita*

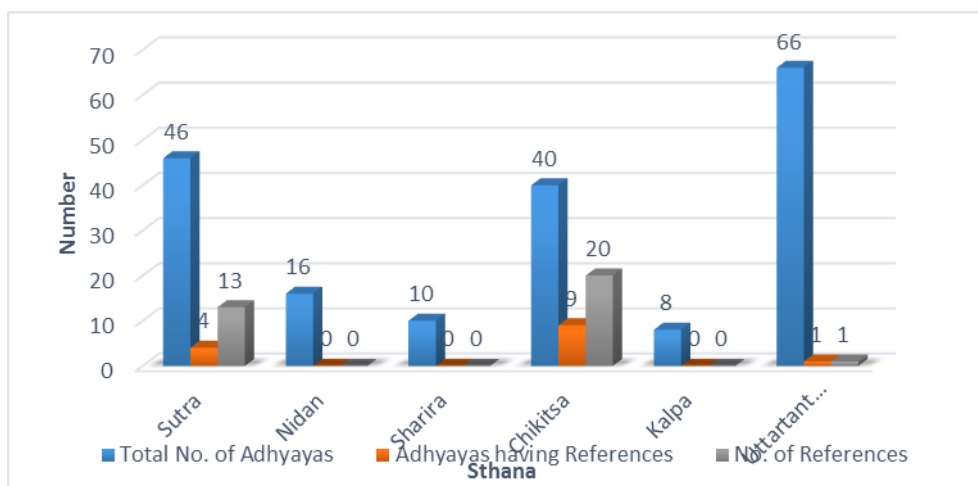
Sr No.	Name of <i>Sthana</i>	Total No. of <i>Adhyayas</i>	<i>Adhyayas</i> having References	No. of References
1	<i>Sutrasthan</i>	30	06	11
2	<i>Nidansthana</i>	08	00	00
3	<i>Vimansthana</i>	08	00	00
4	<i>Sharirasthan</i>	08	00	00
5	<i>Indriyasthan</i>	12	00	00
6	<i>Chikitsasthan</i>	30	19	93
7	<i>Kalpasthana</i>	12	02	03
8	<i>Siddhisthana</i>	12	03	05
	Total	120	30	112



Graph No. 3: Sthanawise Arshoghna Dravya References in Charak Samhita.

Sthanawise Arshoghna Dravyas References in Sushruta Samhita

Sr No.	Name of Sthana	Total No. of Adhyayas	Adhyayas having References	No. of References
1	Sutrasthana	46	04	13
2	Nidansthana	16	00	00
3	Sharirasthana	10	00	00
4	Chikitsasthana	40	09	20
5	Kalpasthan	08	00	00
6	Uttartantra	66	01	01
	Total	186	14	34



Graph No. 4: Sthanawise Arshoghna Dravya References in Sushruta Samhita.

Sthanawise Arshoghna Dravya References in Ashtanga Hridaya

Sr No.	Name of Sthana	Total No. of Adhyayas	Adhyayas having References	No. of References
1	Sutrasthana	30	04	15
2	Nidansthana	16	00	00
3	Sharirsthana	06	00	00
4	Chikitsasthana	22	14	82
5	Kalpasthanana	06	02	06
6	Uttartantra	40	05	07
	Total	120	25	110

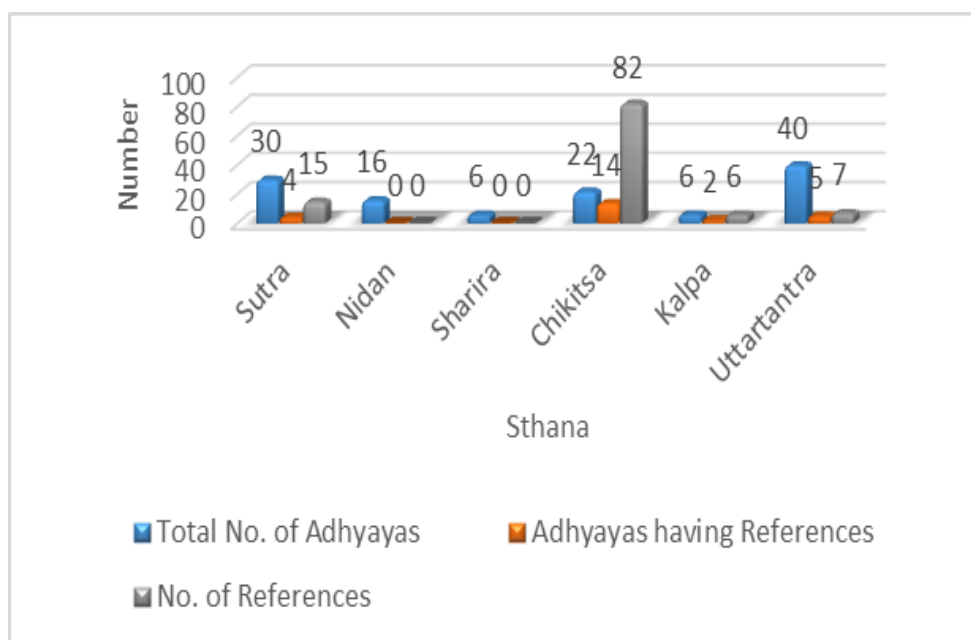
**Graph No. 5: Sthanawise Arshoghna Dravya References in Ashtang Hridaya.**

Table No. 10: Arshoghna Dravya According to Type of Arsha from Brihatrayee.

Sr	Type of Arsha & Application	References in Brihatrayee	Arshoghna Dravya
1	Shushka-arsha (External)	Ch.Chi. 14/40-43 Ch.Chi. 14/44-47 Ch.chi.14/48-51-52	Chitrakamula, Yavakshar, Bilva, Kulatha, Tila, Vacha, Mulak, Shigru, Rasna, Hapusha, Yavani, Vasa, Arka, Eranda, Amalaki, Haritaki, Bibhitaki, Varunpatra, Agnimantha, Pashanbhedapatra, Badarpatra, Shamipatra, Tumbaru, Vidanga, Devdaru, Bruhati, Ashwagandha, Pippali, Tulsipatra, Sarjarasa, Haridra, Snuhi, Trivrutta, Madanphala, Danti, Nimba, Bhallatak, Karanja.
2	Raktaj Arsha (Internal)	Ch.chi 14/185-211 Va.Chi 8/103-104 Va.Ch. 8/112 Va.Ch. 8/125-128	Kutaj, Sunthi, Dadim, Raktachandan, Kirattikta, Dhamasa, Darvi, Twaka, Ushira, Nimba, Ativisha, Rasanjan, Manjistha, Priyangu, Lajjalu, Lodhra, Patha, Bilva, Musta, Dhataki, Kantakari, Changeri, Nagkeshar, Bala, Bala, Prushniparni, Vrukshamla, Amalika, Badara, Gambhari, Shalmali, Palandushak, Nyagrodhashruna, Adhaki, Kusha, Kasha, Udumbar, Ashwatha, Nilkamala, Yashtimadhu, Chavya, Pippali, Pippalimula, Shatavari, Gokshur, Jivanti, Shaliparni, Jatamansi, Chandan(R & S), Anantamula, Kshirvidari, Shonyak, Dugdhika, Kusha, Kasha, Ashwatha, Udumbar.
3	Raktarsha (External)	Ch.chi.14/214	Yashtimadhu, Nyagrodha, Pimpal, Paraspimpal, Udumbar, Shirish, Arjun, Patola, Vasa, Dhamasa, Nimbatwaka, Badara, Ushira, Padamakasha, Chandan(R & S), Kusha, kasha, vetas, Kadalipatra, Durva, Manjistha, Tila, Rasanjan, Darvi, Lajjalu.
4	Vataj Arsha (Internal)	Su.Chi. 6/9 Va.Chi 8/12-13, 79, 85	Bhadradarvyadi & Pipalyadi gana Chitrak, Hriber, Varuna, Gorakmundi, Punarnava, Pippalimula, Eranda, Gokshur, Jirak, Sunthi, Tulsi, Karanja, Nishotha, Dadim, Patha, Suvarchala, Pippali, Gajapippali, Dhanyak, Vastuk, Shati, Ajamoda, Chavya, Yavakshar.
5	Pittaj Arsha (Internal)	Su.Chi. 6/9	Prushniparni, Dipaniya Pippalyadi gana
6	Kaphaj Arsha (Internal)	Su.Chi. 6/9 Va.Chi. 8/55 Va.Chi.8/130	Sursadi gana, Sunthi, Kulatha. Haritaki, Nilkamal, Lodhra, Manjistha, Bilva, Yashtimadhu, Raktachandan, Chavya, Ativisha, Patha, Darvi, Jatamansi, Chitraka, Devdaru, Changeri.
7	Raktaj Arsha	Su.Chi. 6/9	Manjistha, & Murungyadi
8	Vatakaphaj Arsha (Internal)	Su.Chi. 6/19 Va.Chi 8/14-16 Va.Chi 8/45-47	Bhallatak, Hingavadi churna, Takra Bilva, Chitrak, Kushtha, Rasna, Hriber, Krushnagangha, Sunthi, Langali, Karvir,

		Va.Chi. 8/80	Vidanga, Danti, Satyanashi, Sarshap, Snuhikshira, Arkakshira, Dhanyak, Ajaji, Hapusha, Pippali, Gajapippali, Karvi, Pippalimula, Shati, Yavani, Vastuk, Agnik, Trivrutta, Patha, Amalika, Bhallatak yog.
9	Raktapittaj Arsha	Su.Chi 6/19	Sunthi, Kutaj
10	Pittaj Raktaj Arsha	Su.Chi. 6/13 Va.Chi. 8/162	Apamarga yog, Kutaj yog
11	Kaphanubaddha Raktaja Arsha	Su.chi 6/13 Va.Chi. 8/102	Apamarga, Kutaj, Kirattikta, Sunthi, Raktachandan, Darvi, Nimba
12	Vatapittanubaddha Raktaja Arsha	Su.chi. 6/13 Va.Chi. 8/122	Shatavarimula, Palandu
13	Kaphavatanubaddha Raktaja Arsha	Su.Chi. 6/13	Shrungveradi(pippalyadi gana)
14	Kaphapittanubaddha Raktaja Arsha	Su.Chi. 6/13	Kutaj, Pippalyadi Churna
15	Tridoshaj Arsha	Va.Chi.8/130	Yashtimadhu, Nilkamal, Lodhra, Manjistha, Bilva, Raktachandan, Chavya, Ativisha, Patha, Darvi, Jatamansi, Chitrak, Devdaru, Changeri

Table No. 11: Single (Ekal) Dravya Arshoghna References from Brihatrayee.

Sr	Ekal Dravya	References in Samhita
1	Chitrakmula	Ch.Su. 25/40
1	Kulatha	Ch.Su. 27/26
2	Rajkshavak shak	Ch.Su. 27/90
3	Changeri	Ch.Su. 27/92
4	Amalika kanda	Ch.Su. 27/121
5	Shati	Ch.Su. 27/155
6	Gajara	Ch.Su. 27/174
7	Haritaki	Ch.Chi. 1/29-34
8	Pippali	Ch.Chi. pad 3, 1/32-35
9	Adrak	Chi.Chi. 12/47-48
10	Chitrak	Ch.Chi. 12/58-59
11	Eranda (taila)	Ch.Chi. 26/27-28
12	Tuvarak	Su.Su. 46/195-197
13	Punarnava	Su.Su. 46/239
14	Rason	Su.Su. 46/244-245
15	Changeri shak	Su.Su. 46/273
16	Shatavari	Su.Su. 46/302-303
17	Kulatha	Su.Su. 46/377
18	Bhallatak	Su.Chi. 6/17
19	Shilajatu	Su.Chi 13/12-16
20	Sarshap (taila)	Va.Su. 5/59
20	Manuka	Va.Su. 5/72
21	Kulatha	Va.Su. 6/19
22	Changeri shak	Va.Su. 6/74
23	Pattur shak	Va.Su. 6
24	Lashunkanda shak	Va.Su. 6/111
25	Suran shak	Va.Su. 6/113

26	<i>Peeluphala</i>	<i>Va.Su. 6/130</i>
27	<i>Matulunga</i>	<i>Va.Su. 6/133</i>
30	<i>Haritaki</i>	<i>Va.Su. 6/157</i>
31	<i>Chitrak</i>	<i>Va.Su. 6/164</i>
32	<i>Pippali</i>	<i>Va.Chi. 8/62</i>
33	<i>Chitrakmula</i>	<i>Va.Chi. 8/48</i>
34	<i>Palandu</i>	<i>Va.Chi. 8/121</i>
35	<i>Suran</i>	<i>Va.Chi. 8/157</i>
36	<i>Rohitak</i>	<i>Va.Chi. 15/91-92</i>
37	<i>Ardrak</i>	<i>Va.Chi. 17/6-7</i>
38	<i>Bhallatak</i>	<i>Va.U. 39/66-71</i>
39	<i>Pippali</i>	<i>Va.U. 39/98-101</i>
40	<i>Bhallatak</i>	<i>Va.U. 40/47-58</i>

Table No. 12: Specific site/Organwise Arshoghna Dravyas from Brihatrayee.

Sr	Specific site/Organ	Ref. in Samhita	Arshoghna dravya
1	<i>Guda Arsha</i>	<i>Ch.Su. 1/102</i> <i>Ch.Su. 3/3-7</i> <i>Ch.Su. 4</i> <i>Ch.Su.23/19-22</i> <i>Ch.Su.25/40</i> <i>Ch.Su. 27/155,174</i>	<i>Krushnagandha, Aragwadha, Karanja, Vasa, Guduchi, Madanphal, Haritaki, Khadir, Dhava, Nimba, Vidanga, Karvir, Rason, Shirish, Saptaparna, Peelu, Kutaj, Vacha, Trivrutta, Bhallatak, Lodhra, Arjun, Musta, Bilva, Chitrak, Sunthi, Ativisha, Dhanavayas, Darvi, Chavya, Trikatu, Triphala, Kutaki, Bruhati, Patha, Hingu, Kebuk, Yavani, Hapusha, Shati, Gajar,Amalika.</i>
2	<i>Guda Arsha</i>	<i>Ch.Chi. 14/40-105,111,114,122,124,205,214,231,234,235,236</i>	<i>Chitrak, Bilva, Tila, Sarshap, Shigru, Vacha, Shatapushpa, Rasna,Hapusha, gajar,Mulak,Triphala, Varun, Agnimantha,Eranda,Arka,Vasa,Shami,Tumbaru,Vidanga,Devdaru,Bruhati,Ashwagandha,Pippali,Haridra,Sudha,Shirish,Kushta,Danti,Nimba,Karanja,Trikatu,Pippalimula,Patha,Hingu,Amalika,Chavya,Shati,Dhanyak, Gajapippali,Yavani,Ajamoda,Karvi,Palasha,Dadim,Changeri,Gandir,Kakmachi,Jivanti,Kantakari,Kramuk,Manjistha,Mrudavika,Adhaki,Ushira,Nilkamal,Chandan, Kirattikta,Nagkeshar,Bala,Palandu,Hriber,Vrukshaml a,Vata,Kovidar,Badara,Jatamansi,Adhapushpi,Udumbar,Katphal.</i>
3	<i>Karna Arsha</i>	<i>Ch.Chi.26/222-227</i>	<i>Hingu,Tumbaru,Sunthi,Sarshap,Devdaru,Vacha,Shatapushpa,Kushta,Miulak,Hingu,Shigru,Rasanjan,Musta</i>
4	<i>Netra Arsha</i>	<i>Ch.Chi.26/246-259</i>	<i>Shigru,Rasanjana,Vidanga,Sunthi,Marich,Pippali,Palasha</i>
5	<i>Guda Arsha</i>	<i>Su.Chi. 6/4</i> <i>Su.Chi.6/9,12,13,15,16 & 19</i>	<i>Jambu,Kasha,Yashtimadhu,Sarshap,Manjistha, Sursa, Arjak, Rajika, kasmarda, Vidanga, Katphal, Nirgundi, Mundi, Mushakarni, Kakmachi,Vishamusti,Snuhikshir,Haridra, Gunja, Pippali, Danti, Chitrak, Langali, Kushta, Shirish, Arka, Krutavedha,Haritaki, Apamarga,Shatavari,Bhallatak,Bharangi,Apragita,Yavani,Guduchi,Pippali,Chavya,Sunthi,Punarnava,Kutaj,</i>

			<i>Palash, Patala, Bruhati, Lodhra, Indravaruni, Kapitha, Kulatha.</i>
6	<i>Netra Arsha</i>	<i>Su.U. 15/31</i>	<i>Pippali</i>
7	<i>Karna Arsha</i>	<i>Su.U. 19/6</i>	<i>Bilva, Eranda, Arka, Ajagandha, Punarnava, Kapitha.</i>
8	<i>Guda Arsha</i>	<i>Va.Chi. 8/11,12,15,16,17,18, 20,21,23,24,25,31,36 ,45,50,57,60,61,65,6 6,70</i>	<i>Kushta, Surabhi, Punarnava, Agar, Devdaru, Varun, Eranda, Gorakmundi, Gokshur, Bilva, Agnika, Mulak, Rasna, Sunthi, Langali, Chitrak, Suvarnakshiri, Sudha, Arka, Shami, Ashwagandha, Tulsi, Bruhati, Pippali, Suran, Shigru, Bhallatak, Shirish, Katutumbi, Karanja, Kovidar, Hapusha, Ajaji, Karvi, Patha, Maricha, Pippalimula, Chavya, Dadim, Kapitha, Dhataki, Vasa.</i>

Table No. 13: Externally Applied (Bahyatah) Arshoghna Dravya from Brihatrayee.

Sr	Type of Application	Ref.	Arshoghna Dravya
1	<i>Bahirparimarjan saha prayoga</i>	<i>Ch.Su. 3/3-7</i>	<i>Aragwadha, Chakramarda, Karanja, Vasa, Guduchi, Madanphala, Haridra, Darvi, Devdaru, Khadir, Dhava, Nimba, Vidanga, Karvir, Bhurjapatra, Rason, Shirish, Guggul, Shigru, Vantulsi, Vatsak, Saptaparna, Peelu, Kushtha, Jati, Vacha, Trivrutta, Bhallatak, Ela, Lodhra, Arjun, Musta, Sarja</i>
2	<i>Arshoghna Swedan</i>	<i>Ch.Chi. 14/39-43</i>	<i>Chitrakmula, Yavakshar, Bilva, Kulatha, Tila, Vacha, Shatapushpa, Rasna, Shigru, Hriber, Kushtha, Yavani, Gajara.</i>
3	<i>Arshoghna Parishechan & Avgahan</i>	<i>Ch.Chi. 14/45</i>	<i>Vasa, Arka, Eranda, Bilva, Mulak, Amalaki, Haritaki, Bibhitaki, Vansh, Varun, Agnimantha, Shigru, Pashanbheda, Badar.</i>
4	<i>Arshoghna Abhyanga & Dhupan</i>	<i>Ch.Chi. 14/48-51</i>	<i>Arkamula, Shami, Vidanga, Devdaru, Bruhati, Ashvagandha, Pippali, Tulsi.</i>
5	<i>Arshanashak Pralepa</i>	<i>Ch.Chi. 14/52-59</i>	<i>Snuhikshir, haridra, Pippali, Shirish, Kushtha, Sendhav, Guda, Arkashir, Amalaki, Haritaki, Bibhitaki, Chitrak, Nishotha, Madanphala, Danti, Nimba, Bhallatak, Kutaki, Karanja.</i>
6	<i>Arshoghna Prakshalan</i>	<i>Ch.Chi. 14/169</i>	<i>Erandapatra, Vasapatra</i>
7	<i>Raktarsha Avagaha</i>	<i>Ch.Chi.14/215-216</i>	<i>Yashtimadhu, Ushira, Padmakha, Raktachandan, Kusha, Kasha.</i>
8	<i>Raktarshahar Pradeha-Pralepa</i>	<i>Ch.Chi.14/219-221</i>	<i>Durva, Manjistha, Krushnatila, Rasanjan, Nimba, Darvi, Nilkamal, Raktachandan, Shwetchandan.</i>
9	<i>Arshahar Lepa</i>	<i>Su.Chi. 6/12</i>	<i>Snuhi, Haridra, Gunja, Pippali, Danti, Chitrak, Suvarchala, Langali, Kushtha, Arka, Kasis, Hartal, Sendhav, Karvir, Vidanga, Karanja, Krutavedhan, Jambu, Tamalaki.</i>
10	<i>Arshahar Lepa</i>	<i>Su.Chi.9/40</i>	<i>Karanja, Arka, Snuhi, Devdaru, Amaltas, Jati.</i>
11	<i>Arshahar Kasissadi taila</i>	<i>Va.Chi.8/1-3</i>	<i>Sunthi, Kushta, Rasna, Kasis, Langli, Manshila, Abharak, Karvir, Hartal, Suvarnakshir, Sudhashir, Arkashir, Gomutra.</i>
12	<i>Arshahar Taila sechan</i>	<i>Va. Chi.8/15-17</i>	<i>Bilvamula, Chitrakmula, Kushta, Rasna, Hapusha, Shigru.</i>

13	<i>Arshahar Dhupan</i>	<i>Va.Chi. 8/18</i>	<i>Arka, Shami.</i>
14	<i>Arshahar Varti</i>	<i>Va.Chi.8/19-20</i>	<i>Jimutakbeeja, Dhanyamla.</i>
15	<i>Arshanashak Lepa</i>	<i>Va.Chi. 8/21-26</i>	<i>Snuhikshir, Haridra, Pippali, Gunja, Gomutra, Vacha, Langali, Karkatshrungi, Vijaya, Kushta, Bhallatak, Shigrubeeja, Mulak, Karvir, Nimba, Peelu, Bilva, Hingu, Shirish, Sendhav, Guda, Triphala, Karanja.</i>
16	<i>Bhallatakadi Lepa</i>	<i>Va.Chi.20/16-17</i>	<i>Bhallatak, Chitrak, Sunhi, Arka, Gunja, Shunthi, Maricha, Pippali, Shankhabhasma, Tutha, Kushta, Panchalavan, Yavakshar, Sajikshar, Langali.</i>

DISCUSSION

This study is specially carried out to point out *Arshoghna Dravya* having potential to treat various types of *Arsha*. Number of *Arshoghna Dravyas* references used are scattered in *samhitas* in different *adhyayas*. After defining specific data collection criteria total 256 references are collected from *Brihatrayee*. Among them *Charaka samhita* consists of 112 *shloka* references and 199 *Arshoghna dravyas*; *Sushruta samhita* consist of 34 *shloka* references and 124 *Arshoghna dravyas*. *Ashtanga Hridaya samhita* consists of 110 *shloka* references and 189 *Arshoghna dravyas*. All these references are stated according to *sthanas* and *Adhyayas* from *Brihatrayee*.

The total references and *Arshoghna dravyas* in each *samhita* are presented graphically in observation. The percentage of *Arshoghna Dravya* references in *Charaka, Sushruta* and *Vagbhata* are 43.75, 13.28 and 42.96 respectively that maximum numbers of *Arshoghna Dravya* references are mentioned in *Chikitsasthana* of *Brihatrayee*.

Charak Samhita gives *Pippali*(54), *Chitrak*(48), *Sunthi*(47), *Haritaki* (39), *Marich*(32), *Pippalimula*(24), *Kutaj*(26), *Bhallatak*(5) times as a *Arshoghna Dravya* in different references.

Sushruta Samhita gives *Pippali* (13), *Chitrak* (12), *Sunthi* (7), *Haritaki* (9), *Marich* (5), *Kutaj* (7), *Bhallatak* (5) times as a *Arshoghna Dravya* in different references.

Ashtanga Hridaya Samhita gives *Pippali* (60), *Chitrak* (50), *Sunthi* (49), *Haritaki* (31), *Marich* (30), *Kutaj* (18), *Bhallatak* (11) times as a *Arshoghna Dravya* in different references.

Nighantus

The information regarding *Guna, Rasa, Vipaka, virya* is collected from *Dhanvantari Nighantu, Madanpal Nighantu, Raj Nighantu, Kaiyadev Nighantu, and Bhavpraksha Nighantu*. So qualities which are not mentioned in *Nighantus* are not stated in tables.

Sr No.	Name of <i>Nighantus</i>	<i>Guna</i>	<i>Rasa</i>	<i>Vipaka</i>	<i>Virya</i>
1	<i>Dhanvantri Nighantu</i>	84	170	14	161
2	<i>Madanpal Nighantu</i>	138	126	24	170
3	<i>Raj Nighantu</i>	55	184	11	164
4	<i>Kaiyadev Nighantu</i>	161	215	76	190
5	<i>Bhavprakasha Nighantu</i>	145	199	41	175

Many of the different *Guna, Rasa, Vipaka* and *Virya* are noted from the different *Nighantus* for number of *Arshoghna Dravyas*. Comprehensively it can be stated that *Vipaka* or *Virya* of *Arshoghna Dravyas* are not stated in *Nighantus* may have *Samanapratyarabdhatva*.

Expected Karmukatva of Arshoghna Dravyas:

ÌMügçÉİSè UxÉâÍÉ MÑüÂiÉâ MüqÉİ uÉİrÉâihÉ cÉÉmÉUqÉÇ |

SìurÉÇ aÉÑhÉâÍÉ mÉÉMâüÍÉ mÉëpÉÉuÉâhÉ cÉ ÌMügçÉÍÉ || A.xÉÇ.xÉÔ.17

Dravya dose is karma sometimes by *rasa*, sometimes by *virya, Guna, Vipaka*, and irrespective of all above *gunas* sometimes *Prabhavaj karma* take place.

It is observed that, of the total drugs mentioned as *Arshoghna Tikta Rasa Dravya* are maximum in number (191) followed by *Katu Rasa Dravya* (159) and *Kashaya Rasa Dravya* (147) *Madhura* (129) *Amla* (27) and *Lavana* (4) in number. *Katu Rasa* are *Agnidipana, soyathunasana, Rochayatiasanam*. *Tikta Rasa* are *Arochkaghna, Dipana and pachana*. *Kashaya Rasa* are *Ropana, sosana, and stambhana*. This is indicating that the drugs with *Tikta, Katu, and Kashaya Rasa* play major role in the treatment of *Arshas*. As *Arshas* is a *raktadoshajvyadhi* and *mamsajvyadhi* it requires *Tikta* and *Kashaya Rasa Dravya* to reduce the *Raktadosha* and *Katu Rasa* helps to reduce the *Mamsajdoshas*. They also are *Laghu* and help for treating the indigestion caused in the *Arshas*.

Most of the drugs mentioned are *Usnavirya* in nature (159) and *Sheetvirya* (136) and only a few *Anushana virya* (20) *Ushnavirya* destroys constipation and expels the stools freely and also helps to reduce the haemorrhoids are dry. *Sheetviryadravyas* help in the bleeding piles for stopping the excessive blood flow.

Madhura (39) and *Katuvipak* (89) *Dravyas* are mentioned to have the property of *Arshoghna*. *Madhura* and *katuvipakas* can be considered to reduce bleeding piles and dry piles respectively. *Amlavipaka* increases *pitta* and *raktadosha* there by worsening the disease hence *Amla Rasa dravyas* may not or very few have been mentioned.

Guru (68) *Tikshna* (61), *Laghu* (118), *Singdha* (57), *Ruksha* (91), *Sukshama* (2), *Picchil* (8), other (12) *Gunadravya* are mentioned to be mostly acting on *the Arshas*. *Ksharguna* helps to burn the extra mass formed in the pile mass. *Guru and Tikshnaguna* helps to expel the faeces properly.

In the management of *Arshas*: The systemic medicines act by improving appetite, regularize, bowl habits, astringent action on blood vessels and maintaining *Agni and Strotas* in equilibrium.

From the present study can be said that the drugs having *Katu, Tikta, Kashaya rasa, Laghu, Guru, Tikshna, Ruksha* and *Ksharguna, Ushnavirya* and *Katuvipaka* play major role in the treatment of *Arsha*. As the study is purely theoretical. *Brihatrayee* contains so many references of *Arshoghna Dravyas* like *Jangama, Bhouma (Parthiv)* and *Vanaspatijanya [Audbhida]* but in this study only *Vanaspatijanya Dravyas* are mentioned from *Brihatrayi*.

CONCLUSION

The *Arshoghna Dravyas* references from *Brihatrayee* are numbered as follows.

Charak Samhita

- Total shloka references of *Arshoghna Dravya* are – 112
- Total number of *Arshoghna Dravyas* are - 199

Sushrut Samhita

- Total shloka references of *Arshoghna Dravya* are – 34
- Total number of *Arshoghna Dravyas* are – 124

Ashtanga Hridaya Samhita

- Total shloka references of *Arshoghna Dravya* are – 110
- Total number of *Arshoghna Dravyas* are – 189

Total number of references [shloka] of *Arshoghna Dravya* found in *Brihatrayee* is – 256.

Total number of *Arshoghna Dravyas* in *Brihatrayee* is – 230. *Pippali, Sunthi, Haritaki, Kutaja, Bhallatak* are used most commonly as an *Arshoghna dravya* in *Brihatrayee*.

Nighantus

Nighantus have mentioned *Guna, Rasa, Vipaka* and *Virya* of *Arshoghna Dravyas*. *Nighantus* have not described all the qualities in together in shloka of *Arshoghna Dravyas*.

Among these 230 *Arshoghna Dravyas*

- In *Dhanvantari Nighantu* total 191 *dravyas* are mentioned with *Gunas* of 44%, *Rasa* of 89%, *Vipaka* of only 7% and *Virya* of 84% *Arshoghna Dravyas* are mentioned.
- In *Madanpal Nighantu* total 201 *dravyas* are mentioned with *Gunas* of 69%, *Rasa* of 63%, *Vipaka* of only 12% and *Virya* of 85% *Arshoghna dravyas* are mentioned.
- In *Raj Nighantu* total 192 *Dravyas* are mentioned with *Gunas* of 28%, *Rasa* of 97%, *Vipaka* of only 5% and *Virya* of 82% *Arshoghna Dravyas* are mentioned.
- In *Kaiyadev Nighantu* total 221 *dravyas* are mentioned with *Gunas* of 74%, *Rasa* of 98%, *Vipaka* of only 35% and *Virya* of 87% *Arshoghna Dravyas* are mentioned.
- In *Bhavprakasha Nighantu* total 215 *dravyas* are mentioned with *Gunas* of 68%, *Rasa* of 93%, *Vipaka* of only 19% and *Virya* of 82% *Arshoghna Dravyas* are mentioned.

The *Gunas* of *Arshoghna Dravyas* described by *Bhavapraksha Nighantu* resembles more appropriate to their *Arshoghna karma* advised by *Brihatrayee*.

Further Scope of Study

The *Arshoghna Dravya* references from *Brihatrayee* are the basis of simple but important approach beneficial and cost effective *Ayurvedic* treatment. These references will be pioneered to evaluate important uses and benefits of these *Arshoghna Dravyas*. Researchers will have ready reconed information for the research activity on *Arshoghna Dravya*.

The *Nighantu* references will be beneficial to recapitulate the qualities of *Arshoghna Dravyas* and to review their uses stated in *Samhitas*. Also these references will be guest met in a ruling out the controversies. The detailed pharmacological and clinical study will evaluate the specific mode of action of *Arshoghna Dravya* in various type of *Arsha*.

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