

AYURVEDIC DRUGS IN UNANI MATERIA MEDICA**M.ALI***19, Scientists, Apartments, Regional Research Laboratory, Canal Road, Jammu Tawi- 180 001,*

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ABSTRACT: Nearly two hundred Ayurvedic drugs of plant origin have been introduced in the Unani material medica, the names of most of the drugs have been adopted from Indian languages per se.

The Arabs established trading centres on the Malabar coast of South India in the 7th century and took spices, dyes, drugs and perfumes to their trading centres in Asia, Africa and Europe. In this way they became familiar with the quality of Ayurvedic drugs. Several Greek physicians who came to India with Alexander the Great (327 B.C) also studied Ayurvedic medicine and introduced Indian drugs to Greece when they returned. Some Indian literature was translated from Sanskrit to Arabic and Persian during the and many Indian physicians like Manka, Bahal, Bajigar, Saleha, Ibn, Kanka, sanjhal, Shanak and Jandhar migrated there to practice Ayurvedic system of medicine.

When Unani physicians came to India from central Asia, they found that many drugs of Arabia and Persia were not available in India. Therefore they able in India. Therefore, they adopted more drugs of Indian origin in addition to their own. They introduced the drugs into their material medica as such either by their Indian names, or by adding the suffix hindi to a similar drugs is given in Table No. 1 which were added by Unani physicians to their material medica. Scrutiny of the literature 1-11 reveals that about 115 Hindi names of the drugs have been adopted as such indicating the Unani system of medicine flourished more in northern India than any other part of the country. The same Table above forty drugs have Unani names six Hindi suffixes. Words like bed (Calamus rotang) tanbol (Piper betle), badari (Zizyphus jujube), Adrak (Zingiber

officinale), tabashir (Curcuma angustifolia) etc. have been derved from Sanskrit. Many Unani names such katta, bansa, kathra, baokhamba, kurtum dudho, nilaj,-mogra etc. are the nodified Hindi names of the drugs. There are a few drugs the names of which have been derived from Indian regional languages such examples are Abies webbiana and Trianthea portulacastrum from Tamil; Ipomoea turpethum, caesalpinia sappan and Nymphaea edulis from Gujrati; Blepharis edulis from Punjabi; and Cassytha filiformis and Berberis lyceum from local dialect of Bombay. Some name like naibuti (Atalantica monophylla), chhoimoi buti (Biophytum senitium), sarphoka (Cassia sophera), panwar (cassia tora), texpat (Cimmamomum iners), phoot (Cucumis melo)bijland (Polygonum aviculare), and khatai (Solanum xanthocarpum) seem to be specified to some obscure regions. The durgs Mentha arvensis and Urginea indica have more than on Araic or Persia name. Besides the there are some drugs like osbed, bal, halbeeb,darkeesa, shull, fall, hasht dahan as Indian in the Avicenna's Canon², but now their identity cannot be ascertained.

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TABLE – I

List of Plant Drugs of Indian Origin added by Unani Physicians to their Materia Medica

B=Bengali, Bo+ Bombay dialogue, D=Deccan dialogue, G=Gujrati, H=Hindi, M=Marathi, P=Punjabi, S=Sanskrit

S.No.	Botanical Name	Indian Name	Unani Name
1.	<i>Abelmoschus moschatus</i> Medic, syn. <i>Hibiscus abelmoschus</i> Linn.	Mushk-dana (H,B,Bo)	Mushkdana
2.	<i>Abies spectabilis</i> (D.Don) Spach, syn.A. <i>webbiana</i> Lindl.	Talishapatri (Tamil, Telgu)	Talipatra
3.	<i>Abutilon indicum</i> (L) Sweet, syn. A. <i>asiaticum</i> (L) Sweet	Kandhi (H), Kankati (S)	Kanghi
4.	<i>Acacia catechu</i> Willd.	Khair(H), Khadira(S)	Katta
5.	<i>Achyranthes aspera</i> Linn	Chirochita (S)	Chirchita
6.	<i>Aconitum ferox</i> Walld. Ex Ser.	Bich (H,B), Visha (S)	Bish
7.	<i>Aconitum heterophyllum</i> Walld. Ex Royle.	Atis (H), Ativisha(S)	Atis
8.	<i>Acorus calamus</i> Linn	Vacha (S), Bach (H)	Wuz
9.	<i>Adhatoda vasica</i> Nees	Bakas (B), Vasaka (S)	Banga
10.	<i>Aegle marmelos</i> Correa ex Roxb.	Bel (B,Bo), Bilva (S)	Belgiri
11.	<i>Aleurites triloba</i> Forst.	Jangli akhrot (H)	Chahar-maghz-e-hindi
12.	<i>Alpinia galangal</i> Willd.	Bara kulanga (Bo,H)	Kulanjan
13.	<i>Althaea officinalis</i> Linn	Gul-khairo (H,Bo,D)	Gul-Khairo
14.	<i>Amorphophallus campanulatus</i> Blum ex Decne.	Zaminkand (H) Kanda (H)	Zaminkand
15.	<i>Ananas comosus</i> Merr, syn. A.sativus Schult f.	Anannas (H), Ananasa (H)	Ananas
16.	<i>Andropogon miliaceus</i> Retz.	Usira or Virana (S)	Usir
17.	<i>Annona squamosa</i> Linn	Sharifah, Sitafal (G.M.D)	Sharifah
18.	<i>Aquilaria agallocha</i> Roxb.	Agar (H)	Agare-hindi or Aude-hindi
19.	<i>Areca catechu</i> Linn.	Supari (H,B), Sopari (Bo, G)	Supari
20.	<i>Aristolochia indica</i> Linn.	Saapasan (H) Isharmul (H,B)	Zaravande - hindi
21.	<i>Artemisia absinthium</i> Linn.	Afsantin (H, D)	Afsanthin
22.	<i>Artemisia vulgaris</i> Linn.	Majtari or Mastaru (H)	Afsantine-hindi
23.	<i>Artocarpus heterophyllus</i> Lamk, syn. <i>A. integrifolia</i> Linn, f., <i>A. integra</i> (Thunb.) Merril.	Kathal (H), Panasa (S)	Kathal
24.	<i>Asparagus ascendens</i> Roxb.	Safed Musli (H, G)	Shaqqa-qule-hindi
25.	<i>Asparagus racemosus</i> Willd.	Satwar (H), Satvari (G)	Shaqaqul
26.	<i>Asteracantha longifolia</i> T. Nees, syn. <i>Hydrophila spinosa</i> T. Anders.	Tal-makhana (H, M)	Talmakhana
27.	<i>Astragalus heratensis</i> Bunge.	Katera-gond (H)	Miswak-elabba, Kathira
28.	<i>Astragalus marcocolla</i> Dymock.	Gujara (H, B) Angira(H)	Gujara
29.	<i>Atalantia malabarica</i> (Rafin.) Tanaka, syn. <i>A.monophylla</i> Corr., <i>Limonia monophylla</i> Roxb.	Atavi-jambira (S)	Naibuti
30.	<i>Averrhoa caranbola</i> Linn.	Karmal or Kamrakh (H)	Kamrakh
31.	<i>Azadirachta indica</i> A. Juss. Syn.	Neem (H, B, Bo),	Neem, Azaddarkh-i- hindi
32.	<i>Melia azadirachta</i> Linn.	Nimba (S)	Brahmi
33.	<i>Bacopa monnieri</i>(L.) Pennell, syn. <i>Ilerpestis monniera</i> (L.) H. B. & K.	Brahmi (H), Nirabrhami (S)	Brahmi
34.	<i>Bambusa arundinacea</i> Willd.	Bans (H), Vansh (S)	Tabashir, Qasab
35.	<i>Berber is arista ta</i> DC.	Rasvat (Kashmiri), Rasaut (H)	Huzazi-hindi
36.	<i>Berber is lyciwn</i> Royle.	Darhald (Bo), Kashmal (H)	Darhald
37.	<i>Biophytum scnsiiivum</i> (L.) DC.	Lajalu (H). Lajjalukii (S)	Chhoi mui buti
38.	<i>tilepharis persiea</i> (Bum. f.) Kountze, syn. <i>B.e dulis</i> Peis.	Uttamian (Bo, P), Uttan-Jan (H)	Utangan
38.	<i>Bomba.x eeiba</i> Linn., syn. <i>Ii. malabarieuin</i> DC, <i>Salmalia</i> <i>malabarica</i> (DC.) Schott & End!., <i>Gossampinus malabarica</i> (DC),	Mocharas (H, G)	Mochrus

	Merrill.		
39.	<i>Borassus flabel'lifer</i> Linn.	Iar (H), Tad (G, M), Tal (B, S)	Tar, Tari
40.	<i>Brassica canipestris</i> Linn. var. <i>rapa</i> , syn. <i>B. rapa</i> (L.) Hartm.	Shalgham (H, B)	Sal jam
41.	<i>Brassica canipestris</i> Linn. var. <i>sarson</i> Prain, syn. <i>B. canipestris</i> Linn. var. <i>glauca</i> sp Roxb., Duth.	Kali sarson (H, B)	Sarshaph
42.	<i>Butea moiwsperma</i> (Lamk)	Palas (H, B, M),	Palas. palas papui.
	Kountze, syn. <i>B. frondosa</i> Koen cfi	Palasha (S)	Chenia gond, gul-e- taisu
	Roxb.		
43	<i>Caesalpinia crista</i> Linn. syn. <i>C.</i> <i>bonducella</i> Flem.	Karanju or Kal-karanja	Bonduk-i-hindi Akit-makit
44	<i>Caesalpinia sappan</i> Linn	Bakan (G), Bakamu (Telgu)	Bakam
45	<i>Calamus rotang</i> Linn.	Bed (S), Bet (H)	Bed, Baqqam
46	<i>Cannabis saliva</i> Linn.	Bhang (H, B, Bo), Charas (H)	Bhang
47	<i>Canscora decussata</i> Schult.	Sankhaphali (H), Saukahuli (H, M) Kabra or Karu (H)	Sankhaoli
48	<i>Capparis spinosa</i> Linn.	Kumbhi (H, B, S)	Kiabara
49	<i>Carey a arborca</i> Roxb.	Papaya or Papeeta (H)	Baokhamba
50	<i>Carica papaya</i> Linn.	Karonda (H)	Aanababe-hindi Huzazi-hindi
51	<i>Carissa carandas</i> Linn.	Kusum (H, B), Kusumboo (G)	Karonda
52	<i>Carlhamus tinctorius</i> Linn.	Sona-mukhi (H, G)	Kurtum
53	<i>Cassia acutifolia</i> Delile.	Amaltas (H)	Perosana-e-hindi
54	<i>Cassia fistula</i> Linn.	Hindi sana (H)	Katha-el-hindi
55	<i>Cassia obovata</i> Collad.	Kasondi (H),	Sanae-hindi
56	<i>Cassia occidentalis</i> Linn.	Kasamarda (S) Kasunda (H), Kasamarda (S, B)	Kasondi
57	<i>Cassia soplwra</i> Linn.	Chakunda (H, B), Chakramarda (S)	Sarphoka Pan war
58	<i>Cassia tor a</i> Linn., syn. <i>C.</i> <i>obtusifolia</i> Linn.	Akashbel (Bo), Amarbeli (H)	Akashbel
59	<i>Cassythafiliformis</i> Linn.	Devadaru (S, B)	Devadar, Sonabar-hindi
60	<i>Cedrus deodara</i> (Roxb.) Loud, syn. <i>C.</i> <i>libani</i> Barrel, var. <i>deodara</i> Hoof. f.	Mal kangni (H), Kanguni (S)	Mal kangni
61	<i>Celastrus paniculatus</i> Willd.	Safed bahamen (H) Brahma-manduki (H) Biahmi (Telgu)	Bahamen abiad Brahami.
62	<i>Centaurea behen</i> Linn.	Kanduri (H)	Artaniya-e-hindi
63	<i>Centella asiatica</i> (L.) Urban., syn. <i>Hydrocotyle asiatica</i> Linn		Kabare-hindi
64	<i>Cephalandra indica</i> Naud. syn. <i>Coccinia cordifolia</i> Cogn., (' . <i>indica</i> Wigh. & Am.	Shadevi (H), Suryavarta (S) Kasini (H, Bo), Kashini (Tamil)	Shahdcvi Kasni, Bezrul- hindi
65	<i>Chrozophora rottieri</i> Klotz., syn. <i>C.</i> <i>plicata</i> Hoff. f. in part.		
66	<i>Cichorium endivia</i> Linn. syn. <i>Chicoria endivia</i> Linn.		
67.	<i>Cinnamomum camphor a</i> (L.) Nees & Eberm.	Kaphur or Kapur (H), Kurpura (S)	Kafur
68.	<i>C innamomum macrocarpum</i> Hook. f.	Tejapatra (H)	Sazij-e-hindi
69.	<i>Cinnamomum iners</i> Reinw.	Jangli darchini (H)	Tezpat
70.	<i>Cinnamomum zeylanicum</i> Breyn.	Moti darchini (H)	Darchini
71.	<i>Citrus aurantium</i> Linn. var. <i>bermgamia</i> .	Limil or Nimbii (H)	Lima
72.	<i>Cliloria Icrnatea</i> Linn.	Gokarana or Aprajita (H)	Mazariyane-hindi
73.	<i>Cochlospermum religiosum</i> (L.) Alston, syn. <i>C. gossypium</i> DC.	Pili kapas or kunibi (H)	Kaserae-hindi or Samaghul - qatade-bindi
74.	<i>Cocos nucifera</i> Linn.	Nariyal (H), Narikela (S)	Narial, Jaou-i- hind

75.	<i>Colchicum luteum</i> Baker.	Suringan (H, B, Bo, Tamil)	Suringam
76.	<i>Coleus amboinicus</i> Lour., syn. <i>C. aromaticus</i> Benth.	Pathorchur (H), Paterchur (B)	Pathar phori
77.	<i>Commiphora mukul</i> (Hook ex Stocks) Engl., syn. <i>Balsamodendron mukul</i> Hook ex Stocks.	Guggal or Mukel (H)	Moql
78.	<i>Commiphora myrrha</i> (Nees) Engl., syn. <i>Balsamodendron myrrha</i> T. Nees	Bol (H), Bola (S)	Bol
79.	<i>Commiphora opobalsamum</i> (L.) Engl., syn. <i>Balsamodendron</i> <i>opobalsamum</i> Kunth.	Balasan (H)	Balasan
80.	<i>Convolvulus Scammonia</i> Linn.	Sugmonia or Sakmunia (H)	Sak munia
81.	<i>Coptis teeta</i> Wall.	Maha miron or Mamira (H), Mamiran (Bo)	Mahamiran uruk
82.	<i>Cordia rothii</i> Roem & Schult.	Gondi (H,P),Gundi (Bo)	Gondhni
83.	<i>Cressa cretica</i> Linn.	Rudravanti (H, B), Rudanti (S)	Rudaivanti
84.	<i>Cucumis melo</i> Linn.	Kharbuja (H, Bo, S)	Phoot
85.	<i>Cuminum cyminum</i> Linn.	Safed jira	Jira-i-safed
86.	<i>C. urcuma amada</i> Roxb.	Amhaldi (H), Ambahaldara (G)	Amba haldi
87.	<i>Curcuma angustifolia</i> Roxb.	Tabakshira (S)	Tabashir
88.	<i>Cyperus rotundus</i> Linn.	Motha or Mutha (H)	Moothoo
89.	<i>Daucus carota</i> Linn. var. <i>Saliva</i> DC.	Gajar (H, B)	Gajar, Jajar
90.	<i>Dalbergia sissoo</i> Roxb.	Shisham or Sisi (H, G)	Shisham
91.	<i>Delphinium denudatum</i> Wall.	Jadavar (S), Judwar (P)	Zhadvar
92.	<i>Delphinium zalil</i> Airch & Hemsl.	Gul jalil(Bo), Asbarg(H)	Zireer, Asperag
93.	<i>Dioscorea bulbifera</i> Linn.	Ratalu or Pitalu (H)	Zaminkand
94.	<i>Diospyros melanoxylon</i> Roxb., syn. <i>D.</i> <i>Tupru</i> Buch. Ham.	Abnus or Temdu (H)	Abnus
95.	<i>Diospyres peregrina</i> (Gaertn.) Gurka, syn. <i>D. embryopteris</i> Pers., <i>D.</i> <i>malabarica</i> Ders.	Tenru or Gab (H)	Abnus-e-hindi
96.	<i>Dolichos biflorus</i> Linn.	Kulatha (S), Kulthi (H)	Kulthi
97.	<i>Dolichos lablab</i> Linn.	Lobia or Sem (H)	Lobiya
98.	<i>Echinops echinatus</i> Roxb.	Utakanta or Gokru (H)	Oontkatara
99.	<i>Eclipta alba</i> (L.) Hassk.	Bhangra (H)	Bhangra
100.	<i>Elettaria cardamomum</i> Maton.	Ela (S), Choti elaichi (B, H)	Hela
101.	<i>Eleusine corocana</i> Gaert.	Mandua (H), Mandvva (B, M)	Mandwa
102.	<i>Emblica officinalis</i> Gaert.	Amla (H), Amalaka (S)	Amla
103.	<i>Euphorbia antiquorum</i> Linn.	Tandari (H)	Lakkume-hindi
104.	<i>Euphorbia hirta</i> Linn., syn. <i>E. pilulifera</i> auct. non Linn.	Dudhi (H, M)	Dudho
105.	<i>Euphorbia resinifera</i> Berg.	Afarbiyun (B)	Fariyum

106.	<i>Euphorbia tirucalli</i> Linn.	Schuda (H)	Zaqqume-hindi
107.	<i>Euryale ferox</i> Salisb.	Makhana (H, B, S)	Makhana
108	<i>Feronia limonia</i> (L.) Swingle, syn. <i>E. elephant um</i> Correa.	Kavitha (S). Kapittha (S)	Kavitha
109.	<i>Ficus bengalensis</i> Linn.	Bor(H), Bar(B), Vad (Bo)	Bargad
110.	<i>flats religiosa</i> Linn.	Pipal (H, Bo), Pippala(S)	Pipal
111.	<i>Garcinia more/la</i> Desr.	Gota-goaba (H, B)	Gotagauba
112	<i>Gentiana kurroo</i> Royle.	Kutki or Karu (H. B)	Kutki
113.	<i>Grewia subinaequalis</i> DC, syn. <i>G. asiatica</i> Mast, in part non Linn., <i>G. hahiesiana</i> Hole.	Phalsa (H, B), Parusha (S)	Palsa
114.	<i>Gynocardia odorata</i> R. Br.	Chalmigra (H). Chaulmigra (Bo)	Brinj-mogra
115.	<i>Hedychium spicatum</i> Buch. Ham.	Karpur (S), Kapur kachli (H) Kapurakachari (M)	Kapuikachi
116.	<i>Helleborus niger</i> Linn.	Kutki or Kuddu (H)	Kharbek-c -hindi
117.	<i>Hemidesmus indicus</i> R. Br.	Magrabu or Jangli chanbeli or Hindi-salsa (H)	Afsantine-hindi
118.	<i>Hibiscus cannabinus</i> Linn.	Patsan (H), Nali (S)	Gul-i-machman
119.	<i>Hibiscus rosa-sinensis</i> Linn.	Jasum (H), Gudhel (D)	Gurhal. Anghar-e-hindi
120	<i>Hyssopus officinalis</i> Linn.	Jupha or Zupha c-yabis (H)	Zupha-e-yabis
121	<i>Indigofera tinctoria</i> Linn.	Nil (H, B), Nila (Bo)	Nilaj
122	<i>Ipomoea hederucea</i> (L.) J acq.	Kaladana (H, B. Bo)	Kaladana
123	<i>Jateorhiza columba</i> Miers., syn. <i>Cocculus palmata</i> (Lam.) Miers.	Kalamba (Telgu), Kolumbu (Tamil).	Kalambah
124	<i>Juniperus communis</i> Linn.	Colombo (Bo)	
125	<i>Lagenaria sice/aria</i> (Mol.) Standle, syn. <i>L. vulgaris</i> Ser.L. <i>leucantha</i> Rusby.	Asraar or Hauber (H)	Anaar
126	<i>Leucas cephantes</i> Spreng.	Kaddu or Lauki (H)	Kaddu
127	<i>Liquidambar orientalis</i> Mill.	Goma (H), Guldoda (P)	Goma
128	<i>Lilsea glutiriosa</i> (Lour.) C. B. Robins, syn. <i>L. chinensis</i> Lam.. <i>L. seiferu</i> Pers.	Silaras (H, B, Bo, G)	Silarus or Salajet
129	<i>Lujfa acutangula</i> (L.) Roxb.	Maida lakari (H. Bo). Medalakri (P), Vasa (S)	Maida lakri, Maghase-hindi
130.	<i>Madhuca longifolia</i> (Koenig) Mecbride, syn. <i>Bassia longifolia</i> Koenig.	Karvi turi (H), Turai (Bo) Torai	Torai
131	<i>Mallotus philippensis</i> Muell. Arg.	Mohua (H), Mohwa (Bo) Mahwa	Mahwa
132	<i>Mangifera indica</i> Linn.	Kambola (H, B), Kampilla or	Kanbela, Kmbil Am, Ambaj

133	<i>Melia azedarach</i> Linn.	Kapila (S) Am (H), Amra (S)	Bakayan
134	<i>Mentha arvensis</i> Linn.	Bakain (H, B), Mahanimba (S)	Nannaul- habagul-hindi
135	<i>Mentha spicata</i> Linn., syn. <i>M. viridis</i> Linn.	Lintsa, Podina (H, B) Pahari pudina (H)	Pudinah Nageser
136	<i>Mesua ferra</i> Linn.	Nagkesar (H, B, P)	Mulsari
137	<i>Mimusops elengi</i> Linn.	Maulsari (H, P). Bakula (S)	Khirnee
138	<i>Mimusops hexandra</i> Roxh.	Khirni (H)	Karela
139	<i>Momordica charantia</i> Linn.	Karela (H, P) Soajna (H, P) Sahunjana (S)	Sahunjana
140	<i>Moringa oleifera</i> Lam.		Tut
141	<i>Morus australis</i> Poir, syn. <i>M. acidosa</i> Griff.	Tut (H, B, Bo, P), Tutri (H)	Tut
142	<i>Morus nigar</i> Linn.	Shetura (G), Shahtut (H)	Konch
143	<i>Mucuna prurita</i> Hook, syn. <i>M. pruriens</i> Baker non DC.	Kawanch (H), Kavacha (B) Jaiphal (H), Jajipatri (S)	Jaiphal, Javetri
144	<i>Myristica fragrans</i> Houtt.	Jata mansi (H, B, S), Sumbul (H)	Amul-tibe, Sumbulul- aspriere-hindi
145	<i>Nardostachys jatamansi</i> DC.		
146	<i>Nelumbo nucifera</i> Gaertn., syn <i>N. nelumbo</i> Druce.	Kamala (Bo,S), Kanwal (H)	Nilufer
147	<i>Nicotiana tanaci</i> ,Linn	Tamanku (H, Bo), Tamak (B)	Taubak, Tanbabku
148	<i>Nymphaea nouchali</i> Burm.f., syn. <i>Nlotus</i> Hook .f. &Thoms. Non Linn.	Chhota kanval (OH), Nilofur (G, Kashmiri)	Nilufar
149	<i>Ocimum basilicum</i> Linn.	Babuitulsi (H)	Tulsi
150	<i>Ocimum grati.s.simum</i> Linn.	Ramtulsi (H)	Tulsi jangli
151	<i>Operculina fur pet hum</i> (L,) Silva Manso., syn <i>Ipomoea turpethum</i> R. Br.	Turbud (G), Trivrit (S)	Turbud
152	<i>Orchis Lat if alia</i> Linn.	Salab (H)	Salab
153	<i>Paenoia officinalis</i> Linn	Udsalap (H)	Pawania
154	<i>Papaver rhocas</i> Linn.	Lal-khas khas (G)	Nabatul Khash
155	<i>Papaver somniferum</i> Linn	Post, Khas khas (H)	Bazrul-khaskhas, Afiyun
156	<i>Phaseolus vulgaris</i> Linn., syn. <i>P.nanus</i> Linn.	Bakla, Rajmah, Frash beans (H)	Sem
157	<i>Picrorhiza scrophulariaeflora</i> Pennell, syn. <i>P. Kurrooa</i> Hook f. in part, non Royle ex Benth	Katki, Kuru (H)	Kharbaqe-hindi
158	<i>Pinus roxburghii</i> Sargent, syn. <i>P. longifolia</i> Roxb.	Chir or Sarul (H)	Sanobarul-hind
159	<i>Piper betle</i> Linn., syn. <i>Chavica betel</i> Miq	Tambula (S), Pan (H, B, Bo)	Tanbol
160	<i>Piper cubeba</i> Linn, f., syn. <i>Cubeba officinalis</i> Miq.	Kabab-chini (H, B, Bo)	Kababah chini, Kankel mirth
161	<i>Piper longum</i> Linn.	Piplamul (H, P, B, Bo)	Peeplamol
162	<i>Piper nigrum</i> Linn.	Golmirch, Kalimirch (H)	Mirch siah
163	<i>Plumbago indica</i> Linn., syn.	Chitraca (S), Chitra (H, B), Lai chitra (Bo)	Chittermul
164	<i>Plumbago zeylanica</i> Linn.	Chitra (H, B), Chitraka (S), Lai chitra (Bo)	Chita Iakri, Shitaraj

165	<i>Polygonum aviculare</i> Linn	Bannalia (H)	Bijland
166	<i>Pongamia glabra</i> Vent., syn. <i>P. pinnata</i> Pierre.	Karanja (H, S), Karanj (Bo, P)	Karanjua
167	<i>Prunus amygdalus</i> Batsch., syn. <i>Amygdalus communis</i> Linn.	Badam (H, Bo, P, D)	Badam
168	<i>Prunus domestica</i> Linn., syn. <i>P. communis</i> Huds.	Alu bokhara (H, B)	Alu bokhara
169	<i>Psidium guajava</i> Linn	Amrud (H, P)	Amarud
170	<i>Psoralea corylifolia</i> Linn	Babchi (H, P), Bakuchi (S)	Babchi
171	<i>Pterocarpus marsupium</i> Roxb.	Hira-dhoti (H)	Dammul, Akhvayeni-hindi
172	<i>Pterocarpus santalinus</i> Linn.	Lalchandani (H), Raktachandan (Bo)	Sandal surkh
173	<i>Punica granatum</i> Linn.	Gulnar (H)	J ulnar, G ulnar
174	<i>Raiuliu spinosa</i> Poir, syn. <i>R. dumetorum</i> Poir, <i>R. braiu/isii</i> Gamble.	Mainphal (H). Menphal (B)	Mainphal
175	<i>Ranunculus scieratus</i> Linn.	Shim (Kumaon)	Lutukari, Kabikaj
176	<i>Rheum officinale</i> Bill.	Reward-chini (H)	Ravande-hindi
177	<i>Rhus succedanea</i> Linn.	Kakrasingi(H), Sringi(S)	Kakrasingi
178	<i>Ruta graveolens</i> Linn.	Sudab, Sadab (H)	Sudaba
179	<i>Saccharum officinarum</i> Linn.	Sharkara (S), Ganna (H, B, P)	Sukr. Kafseh
180	<i>Sanatolum album</i> Linn.	Chanden or Sandal (H, B, Bo)	Sandal
181	<i>Sapindus trifoliatus</i> Linn., syn. <i>S. emarginatus</i> Vahl.	Ritha (H, D)	Ritha, Kinduk-i-hindi, Bandak-i-hiM;
182	<i>Saussurea lappa</i> DC, C. B. Clarke.	Kut (H, G), Kust (H), Kushtha (S)	Kust
183	<i>Scirpus grossus</i> Linn. f. syn. <i>S. kysoor</i> Roxb.	Kasuru (H), Kaseruka (S)	Kasairu
184	<i>Sisymbrium irio</i> Linn.	Khub-kalan or Khaksi (H)	Khakshi
185	<i>Solatum surratice</i> Burni. f., syn. <i>S. xanthocarpum</i> Schrad. & Wendl.	Kateli (H), Kantakari (S)	Khatai
186	<i>Sorghum vulgare</i> Pers., <i>Andropogon sorghum</i> Brot.	Javar(H)	Javrash hindi
187	<i>Sphaeranthus indicus</i> Linn.	Mundi (H, B, Bo, P, D)	Mundi
188	<i>Spinacia oleracea</i> Linn.	Ispanak, Palak (H)	Lspanaj
189	<i>Styrax officinalis</i> Linn.	Silajit (H)	Silajit
190	<i>Swertia chirayita</i> Karst., syn. <i>S. chirata</i> Buch-Ham.	Chireta(H, B), Kairata (S)	Chirayta
191	<i>Simplocos racemosa</i> Roxb.	Lodh (H), Lodhra (S)	Lodh pathani
192	<i>Syzygium cumini</i> (Linn.) Skeels., syn. <i>Eugenia jambolana</i> Lam., <i>E. cumini</i> Druce.	Jambu (S, Bo), Jamun (H)	Jamun
193	<i>Tamarindus indica</i> Linn.	Imli (H, P, Bo), Tintrini (S)	Imli, Tamare-hindi
194	<i>Terminalia bellirica</i> Roxb.	Bahera (H), Bahira (S)	Bahera, Atriphal
195	<i>Terminalia catappa</i> Linn.	Hindi badam, Desi badam (H)	Badame-hindi
196	<i>Terminalia chebula</i> Retz. C. B. Clarke in part.	Harir (H), Hiritaki (S)	Haleela

197	<i>Tinospora cordifolia</i> (Willd) Miers. ex Hook. f. & Thorns.	Giloo (H), Guduchi (S)	Gilo
198	<i>Trapa natans</i> Linn. var. <i>bispinosa</i> (Roxb) Makino, syn. <i>T. bispinosa</i> Roxb., <i>T. quadrispinosa</i> Wall.	Singhara (H), (Tamil), Shringata (S)	Singhara
199	<i>Trianthema portulacastrum</i> Linn., syn. <i>T. monogyna</i> Linn.	Sharualay-kiray (Tamil), Lalsabuni (H)	Sarwali
200	<i>Trichosanthes anguina</i> Linn.	Chichinda (P, S), Chachinga (H) Chichinga (B)	Chacheenda
201	<i>Urginea indica</i> Kunth.	Kanda (H), Jangli piyaz (H, B, Bo, D)	Baslul-barre-hindi, Piyazemoshe-hindi
202	<i>Vigna radiata</i> (L.) Wilozek, syn. <i>Phaseolus radiatus</i> Linn., non Roxb & auct., <i>P. mungo</i> auct., non Linn.	Mung or Hari mung (H)	Mung
203	<i>Vigna mungo</i> (L.) Hepper, syn. <i>Phaseolus radiatus</i> Roxb., non Linn., <i>P. mungo</i> Linn., non Roxb. & auct.	Urud (H), Masha (S)	Urud, Mash
204	<i>Viola odorata</i> Linn.	Banaf shah (H, Bo) Nirgandi (H), Nirgundi (S, B, Bo)	Banaphasa Nigand badri
205	<i>Vitex negundo</i> Linn.	Kaknaj (Bo), Akri (H)	Kak-naje-hindi
206	<i>Withania coagulans</i> Dunal.	Asgand (H, P), Ashvakandika (S)	Asgand
207	<i>Withania somnifera</i> Dunal.		
208	<i>Woodfordia fruticosa</i> Kurz., syn. <i>Greslea fomentosa</i> Roxb., <i>Woodfordia floribunda</i> Salisb.	Dhai (H, B), Dhataki (S)	Gul-i-dhawai
209	<i>Zingiber officinale</i> Rose.	Ardraka (S), Adrak (H)	Adrak
210	<i>Zizyphus jujuba</i> Mill., syn. <i>Z. sativa</i> Gaertn., <i>Z. vulgaris</i> Lam	Ber (H), Badari (S)	Badari, Unabe-hindi

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