PHARMACOBOTANICAL STUDIES ON 'SHVET SHARPUNKHA' – A COMPARATIVE DIAGNOSTIC ACCOUNT OF TEPHROSIA VILLOSA PERS. AND T. PURPUREA (LINN.) PERS. FORM ALBIFLORA S. R. PAUL et. R. C. GUPTA

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Received: 11 December, 1985

Accepted: 19 February,1986

ABSTRACT: Two kinds of 'shapunkha', the 'Shvet' (white) and 'Rakta' (red) are described in some of the Ayurvedic texts and the former is reported therapeutically more effective. Some of the Ayurvedic physicians use T. villosa Pers. as 'Shvet sharpunkha' due to its persistently villous silky white parts. While others have advocated white colour of flowers as main feature for distinguishing "Shvet sharpunkha'. A white flowered form of Tephrosia purpurea which is found in association with red or purple flowered ones is reported by us as T. purpurea (Linn.) Pers. Form albiflora S. R. Paul et R. C. Gupta. In the present work, however, detailed comparative pharmacognosy of all vegetable parts of T. villosa and T. purpurea f. albiflora have been carried out. Also the study reveals that two species exhibit great similarity in their macro – an microscopical feature.

INTRODUCTION

"Sharpunkha", an important Ayurvedic drug, has been in use for a long time. Although it has not found a mention in *Charka Samhita* and 'Kalshak', described there in, is attributed to *Corchorus capsularis* Linn, (Charak. 1949), its first applications seems to be in an anti-rabies preparation as reported in *Sushrut Samhita* (Sushrut, 1952). Three other references pertaining to curative uses are also available in *Astang Hridayam*, the third great classic work of Ayurvedic (Vagbhata, 1950).

In *Nighantus*, the drug is highly valued for its anthelmintic, antipyretic, alternative and coagulant properties. It is also recommended in liver, spleen and heart troubles and vitiation of 'vata' (Bhavamisra, 1949; Madanpal, 1903: Narahari; 1933).

Several such synonyms as 'Nilvikshakriti' resemblance (indicates to Indigofera tinctoria Linn.): 'Sharvidha'. 'Banpunkha', 'Isupunkha' (Mean the pinion of an arrow in allusion to the triate venation in its leaves): Sitpunkha', 'Shubhrapunkha', 'Shvetpunkha' (implies silky white downy leaves); 'Kalshak', 'Kalaka', 'Shraddh shak' (refer to vegetable used during the Shraddha ceremonies) and 'Pleehshatru' 'Pleehar' (ascribes its curative application in spleen troubles) etc., denote this drug (Bhavamishra, 1949; Godbole et al, 1966; Madan Pal, 1903; Narahari, 1933; Vagbhata, 1950), and unanimously attributed to the plant species Tephrosia purpurea (Linn.) Pers. of family Leguminosae (Kirtikar and Basu, 1933; Sharma, 1956).

Two kinds of 'Sharpunkha', the 'Shvet' (white) and the 'Rakta' (red) are described

in some of the Ayurvedic texts and the former is reported therapeutically more effective (Chunekar, 1969; Narahari. 1933; Sharma, 1956; Vagbhatta, 1950). It has been regarded by some that Tephrosia purpurea is the 'Rakta Sharpunkha' has come to be known so, for its red flowers (Chunekar, 1969; Nadkarni, 1954; Sharma, 1956; Vagbhatt, 1950). Another species, Tephrosia villosa pers. too has pale-red flowers. It is, therefore, not clear whether the colour of flowers has been the basis for the differentiation of two kinds or some other diagnostic feature. According to present day Ayurvedic physicians the 'Shvet Sharpunkha' is Tephrosia villosa due to its persistently villous silky white parts (Chunkar, 1969; Sharma (1956). Sharma (1956) and Singh and Chunekar (1972) have, however, advocated white colour of flowers as main feature for distinguishing 'Shvet Sharpunkha'. This view receives support also from *Shivdatta Nighantu* which "Sharpunkheti mentions: vikhyata shvetpushpa kvachid bhavet".

During the course of our studies a white flowered form of *Tephrosia purpurea* was collected from suburbs of Lucknow and described as *Tephrosia purpurea* (Linn.) Pers forma *albiflora* S. R. Paul et R. C., Gupta (Gupta and Paul, 1978). A detailed chemical analysis and clinical trial of this complex may reveal the identity of genuine 'Shvet Sharpunkha'. The present work, however, includes a detailed comparative diagnostic account of vegetative parts of *Tephrosia villosa* and *T. purpurea f. albiflora*.

MATERIALS AND METHODS

Root, stem and leaves of *Tephrosia purpurea* f. *albiflora* at various growth stages were collected in August – Septembre from suburbs of Lucknow and dried, and

preserved plant materials of T. villosa collected in September-October from various localities of Andhra Pradesh were procured. Hand sections of plant material were employed for histological studies. Isolated elements were studied after macerating the material with Schultz's fluid. The ash values, extractive percentage according to I. P. method (Anonymous, 1966) and fluorescence analysis was performed according to Kokoski et al (1958). Behaviour of powdered drug on treating with different chemical reagents was noted. The stomatal index, palisaderatio, vein-islet and vein-termination number were determined according to Wallis (1967) Hotch (1948) from the leaves treated with dilute nitric acid followed by clearing in chloral hydrate. Preliminary phytochemical studies and TLC pattern of extractives on silicagel G were performed using usual methods and histochemical tests as per Kay (1938) and Johansen (1940).

RESULTS AND DISCUSSION

The present study has revealed that the two species exhibit a great similarity in their macro-and microscopical features. For instance: both have long taproots cylindrical with transverse lenticels and a bitter taste; the apical part of young stem is ridged and angular, mature stems are cylindrical, branched, fracture fibrous in bark and short splintery in wood; odd- pinnate leaves with leaflets opposite, narrowly oblanceolate, triate veined and more or less subcoriaceous (Figs. 1 and 2).

In anatomical characters the root commonly has diarch primary stele, phelogen arises in the pericycle, fibres develop at an early stage (Fig. 3A-D) and secondary phloem occupies a wider zone with wide rays forming funnel-shaped dilations towards its outer region, phloem fibres occur solitary and in small groups intermixed with usual phloem cells; root has diffused porous wood and its conjunctive tissue differentiated into highly lignified and partially lignified zones (Fig 4 A-D). In young stem of two species trichomes are both glandular and nonglandular, (Figs. 13 a-b and 14 A-C), chlorenchymatous cells occur under the furrows of assimilatory young stem, secretary canals are found in cortex and pith ahdphellogen originates more commonly in outer cortex (Figs. 5A-B and 6 A-B). In periderm, pericycle and phloem of mature stem of the two species the individual elements are more or less alike in form and appearance but vary in dimension, xylem is highly lignified diffused porous with vessels commonly isolated and in radial groups of 2 -4; xylem fibres occupy the major part of the wood (Figs. 7 A-B and 8 A-B). Starch grains and calcium oxalate crystals are more or less alike (Figs. 13c, 14d). In leaf of two species the common microscopic characters are: occurrence of anisocytic stomata along

with few other types (Figs. 11 A-B and 12 A-B), embedded and transcurrent veins, crystal-sheath surrounding the large vascular bundle which are capped by fibre strands on both adaxial and abaxial sides (Figs. 9A-B, 10A-B), collenchymatous central grounds tissue and pericycle in basal pulvinus region of rachis as well as in petiolule and a complex and highly characteristic series of changes of vascular system in its course through the rachis (Figs. 15 al – a3 and 16 A-C).

However, various macro- and microscopic coupled with characters such physicochemical observations as the behaviours of drug powders with different chemical reagents and ultraviolet radiation, percentage-extractives and ash values and preliminary phytochemical studies including chromatographic pattern of extractives exhibit remarkable differences (Table I -VII).









Figs. 5-16. Microscopic characters of stem and leaf of Tephrosia purpurea f. albifiora and T. villosa

TABLE – I

Distinguishing organoleptic characters of *Tephrosia villosa* and *T. purpurea* form *albiflora*

Plant Parts	Characters	Tephrosia villosa	Tephrosia purpurea form albiflora
1	2	3	4
Root	Colour	Yellowish brown to brick – brown	Pale – white
	Taste	Bitter	Bitter, slightly tingling
Stem	Surface	Densely hairy with white or grayish depressed hairs, glabrous in lower mature parts	Usually glaborous, pubescent only towards the apex
Leaf	Rachis – size Leaflet (A) number (B) size (C) surface	4 - 8 cm 9 - 17 $1.2 - 2 \times 0.5 - 1 \text{ cm}$ Almost glabrous above, silky beneath	6 - 10 cm 5 - 13 $2 - 2.8 \times 0.5 - 1.2 \text{ cm}$ Almost glaborous above, pubescent beneath

LEGEND TO FIGURES

PLATE – I

Figure 1. Macroscopic characters of Tephrosia purpurea f. albiflora

A: a twig, B: a leaflet, C: flowers, D: a piece of root.

PLATE – II

Figure 2. Macroscopic characters of Tephrosia villosa

A: a twig, B: a leaflet, C: fruit, D: a piece of root.

PLATE – III

Figures 3 – 4. Microscopic characters of root of Tephrosia purpurea f. albiflora and T. villosa.

- 3. A. a part of t.s. of young root of T. purpurea f. albiflora showing cellular details
 - B. a part of t.s. of young root of *T. purpurea f. albiflora* showing formation of phellogen and phloem fibre.
 - C. a part of t.s. of young root of *T. villosa* showing cellular details.
 - D. a part of t.s. of young rot of *T. villosa* showing formation of phellogen and phloem fibres.
- 4. A. a part of t.s. of mature root of *T. purpurea* f. *albiflora* (diagrammatic).
 - B. a part of t.s. of mature root of *T. villosa* (diagrammatic).
 - C. a part of t.s. of fig 4 A. showing cellular details.
 - D. a part of t.s. of fig.4 B. showing cellular details.

PLATE – IV

Figures 5 – 16. Microscopic characters of stem and leaf of *Tephrosia purpurea* f. *albiflora* and *T. villosa*

- 5. A. t.s. (diagrammatic) of a young stem of *T. purpurea f. albiflora*.
 - B. t. s. (diagrammatic) of a young stem of T. villosa.
- 6. A.: a part of t.s. of fig 5A. showing cellular details

B. : a part of t.s. of fig 5B. showing cellular details

7. A : a part of t.s. of mature stem of *T. purpurea f. albiflora* (diagrammatic)

8. A.: a part of t.s. of mature stem of *T. villosa* (diagrammatic)

B.: a part of t.s. of fig 8A. Showing cellular details.

- 9. A: t.s. (diagrammatic) through a portion of leaflet of *T. purpurea f. albiflora*.B. : t.s. (diagrammatic) through a portion of leaflet of *T. villosa*.
- 10. A: a part of t.s. of fig. 9A. Showing cellular details.
 - B.: a part of t.s. of fig. 9 B. showing cellular details.

B : a part of t.s. of fig 7A. showing cellular details.

- 11. Surface view of leaflet of *T. purpurea f. albiflora*.
 - A : upper epidermis showing *anomocytic* stomata and a portion of trichome.
 - B. : lower epidermis showing *anomocytic* stomata.
- 12. Surface view of leaflet of T. villosa.
 - A. : upper epidermis showing anomocytic and anisocytic stomata
 - B. : lower epidermis showing anisocytic stomata
- 13. A: covering trichome.
 - B: a glandular trichome
 - C: prismatic crystals of calcium oxalate.
- 14. a : a typical covering trichome.
 - b-c: glandular trichomes
 - d: prismatic crystals of calcium oxalate
- 15. t. s. through various portions of rachis of *T. purpurea f. albiflora* (diagrammatic)
 - a 1: proximal basal portion of pulvinus
 - a 2: distal region of first internodes of rachis.
 - a 3: extreme distal portion of rachis.
- 16. t.s. through various portions of rachis of *T. villosa* (diagrammatic)
 - A: proximal basal portion of pulvinus.
 - B: distal region of first internode of rachis
 - C: extreme distal portion of rachis.

TABLE – II Distinguishing microscopical characters of root of Tephrosia villosa and T. purpurea form albiflora

Plant parts	Characters	Tephrosia villosa	Tephrosia purpurea form albiflora
Young root	Primary stele	Di-triarch	Diarch
Mature root	Phloem rays –		
	A. Uni-to biseriate	More commonly 6 –	More commonly 9 –
		14 cells high (rays 2 –	16 cells high (rays 6 –
		20 cells high)	24 cells high)
	B. Multiseriate	3-5 cells wide;	3 - 6 cells wide;
		More commonly 14 –	More commonly 20 –
		17 cells high (rays 9 –	30 cells high (rays 6 –
		26 cells high)	57 cells high)
	Xvlem ravs –	More commonly 8 –	More commonly $5-9$
	A. Uni – to biseriate	16 cells high (rays 2 –	cells high (rays 1 -12
		24 cells high)	cells high)
	B. Multiseriate	3-6 cells wide;	3 - 7 cells wide;
		More commonly 19 –	More commonly 20 -
		38 cells high (rays 6 –	28 cells high (rays 10
		55 cells high)	– 42 cells high)
	Xylem parenchyma –	Occur in paratracheal	Occur predominantly
	Distribution	aliform confluent to	in narrow wavy or
		regular broad bands	strait bands or broken
		and occasionally	lines between rays
		terminals	and touching and
			partially enclosing the
			pores and rarely being
			alform confluent.
	Size of different cells		
	in macerations		
	A) Phloem fibres	8-35 x 550-1750 μm	8-18 x 164-473 μm
	B) Crystal fibres	13-26.5 x 152-435 μm	6-22 x 84-200 μm
	C) Vessel elements	13-91 x 65-200 μm	$10-220 \times 18-360 \mu\text{m}$
	D) Tracheids \mathbf{E} Vylam filmer	8-18 x 65-240 μm	8-22 x 160-360 μm
	E) Xylem fibres	$\delta - 21 \times 340 - 1/16 \mu m$	δ-13 x 220-1150 μm
	Г) Aylelli paranchyma	10-// x 13-8/μm	10-25 x 50-225 μm
	parenenyma		

TABLE – III Distinguishing microscopical characters of stem of *Tephrosia villosa* and *T. purpurea* form *albiflora*

Plant parts	Characters	Tephrosia villosa	Tephrosia purpurea
			form albiflora
Young stem	Out line in t.s.	Shows gradual	No such development
		development of two	
		wing like expansion on	
		laterals and one ridge in	
		middle in lower younger	
		region of stem	
	Trichomes –	$40 - 62 \mu m$ long with 2	
	(A). Glandular	– 4 celled stalks and	$30-50 \mu m$ long with 1
		club shaped uni – to	 – 3 celled stalks and
		bicellular head	multi-cellular globose to elliptic head
		148 – 1151 μm,	-
	(B) Non-glandular	uniseriate, 3 – 5 celled	$127 - 623 \mu m$ long and typically $2 -$ celled
		Three (Two in lateral	Absent
	Accessory bundles	wings and one in middle	
	5	ridge)	
	Phloem rays –	More commonly 8 – 16	More commonly 6 – 12
Mature stem	A. Uni-biseriate	cells high (rays 4 – 22 cells high)	cells high (rays 4 – 18 cells high)
	B. Multi-seriate	3 – 6 cells wide;	3-9 cells wide;
		More commonly $16 - 20$	More commonly $20 - 32$
		cells high (rays $10 - 32$	cells high (rays 5 – 60
		cells high)	cells high)
	Ray cells-size in 1. s.	$12 - 42 \times 16 - 49 \text{ um}$	38 – 52 x 8 – 78 um
	Xylem parenchyma	Being unilateral	Occur in diffused short
		paratracheal to	tangential aggregates.
		occasionally vasicentric	touching and partially
		and aliform	enclosing the pores and
			are rarely vasicentric to
	Size of different xylem		aliform-confluent
	cells in macerations		
	A. Vessel elements	25 – 99 x 82 – 313 um	35 – 140 x 18 – 220 µm
	B. Tracheids	16 – 25 x 115 – 395 µm	$10 - 35 \ge 80 - 280 \ \mu m$
	C. Xylem fibre	8 – 30 x 296 – 740 µm	8 – 20 x 290 – 820 µm

TABLE – IVDistinguishing microscopical characters of leaf of Tephrosia villosa and T. purpurea form
albiflora

Plant parts	Characters	Tephrosia villosa	Tephrosia purpurea form albiflora
1	2	3	4
Raghis	A. Outline in t.s.B. Trichome	Shows a pair of small wing like adaxial ridge	Adaxial ridge not so prominent Non-glandular, typically
Leaflet	Epidermis		2 - celled
	A. Adaxial epidermal cells size in t.s	$10 - 24 \times 12 - 45 \ \mu m$	20 – 40 x 20 – 60 µm
	B. Abaxial epidermal cells size in t.s	12 – 16 x 16 – 24 μm	12 – 20 x 14 – 36 μm
	C. Stomata	Mixed anomocytic and anisocytic	Usually anisocytic and paracytic occasionally anomocytic
	Histological quantitative study		
	A. Stomatal index(i) On adaxial surface	17.88, with range of variation 16 – 18	15.8, with range of variation 11 – 24
	(ii) On abaxial surface	20.06, with range of variation 17 – 25	12.4, with range of variation 6 – 16
	B. Palisade ratio	6.83, with range of variation $4-9$	4.38, with range of variation $3-6$
	C. Vein-islet number	21.666, with range of variation 18 – 25	23.28, with range of variation 14 – 29
	D. Vein-termination number	30.111, with range of variation 25 - 35	24.00, with range of variation 12 - 33

TABLE – V Distinguishing ergastic contents, extractive – percentage and ash values of *Tephrosia villos* and *T. purpurea* form *albiflora*

Characters	Tephrosia villosa	Tephrosia purpurea form albiflora
Cell – contents		
 A. Prismatic crystals – size B. Starch grains – size C. Plant bases 	6 – 17 x 13 – 52 μm 6 – 14 x 4 -12 μm Absent	4 – 16 x 6 – 18 μm 4 – 10 μm in diameter Present
Extractive – percentage (I.P.) A. Alcohol sol. Extract B. Water sol. Extract	11. 256 7. 256	4 .63 15. 135
Ash values (I.P.) A. Total ash (%) B. Acid in sol. Ash (%)	5.42 0.473	10.558 3.308

TABLE – VI

Behaviour of powders of *Tephrosia villosa* and *T. purpurea* form *albiflora* with different chemical reagents and ultra – violet radiation

	Behaviour		
Treatments	Tephrosia villosa	Tephrosia purpurea form albiflora	
Effect of chemical reagents on powders			
A. Aqueous extract + 4% NaOH + 1% CuSO4 soln. heated	Bluish green precipitate	Orange precipitate	
B. Aqueous extract + Resorcinol + Conc. HCl heated	No change	Turned dark red	
C. Aqueous extract + Phloroglucinol + Conc. HCl	No change	Turned reddish orange	

Fluorescence analysis of		
Powders		
A. Powder + Nitrocellulose in amylacetate		
Root	Fluoresces pale – brown	Pale – green
Stem	Fluoresces brownish pale-	Dull pale brown
	green	
Leaf	Fluoresces bright orange	Scarlet red
 B. Powder + 50% Nitric acid Root Stem Leaf 	Fluoresces dark green Fluoresces orange with slight green tinge Fluoresces brownish green	Olive green Greenish orange Orange with slight green tinge

TABLE – VIIChromatographic pattern of Tephrosia villosa and T. purpurea form albiflora under ultra-violet

		Chromatografic Pattern		
Plant parts	Extractives	Tephrosia villosa	Tephrosia purpurea form albiflora	
Root	Petro. Ether extractive developed with solvent system benzene- chloroform (10:20)	Of the 17 components, the major one (h Rf 49.0) fluoresces bluish green	Of the 17 components the major one (hRf 49.0) fluoresces violet-blue	
	Chloroform extractive developed with solvent system benzene- chloroform-acetone (8:30:2).	Of the 15 components none fluoresces violet blue	Of the 21 components two major ones (hRf 75.4 and 89.8) and one minor (hRf 57.7) fluoresce violet – blue	
Stem	Petro. Ether extractive developed with solvent system benzene- chloroform (10:20)	Of the 16 components the majore one (hRf 38.1) fluoresces bluish green	Of the 12 components the major one (hRf 23.6) fluoresce red	
Leaf	Petro ether extractive developed with solvent system benzene – chloroform (10:20)	Of the 16 components five (hRf 12.7, 20.9, 31.8, 43.6 and 98.1) fluoresces bluish green	All the 5 components (including trailings) Fluoresce pinkish red	

Abbreviations used

Acvb, accessory vascular bundle; bs, bundle sheath; bst, bundle sheath extention; cam, cambium; cgt, central ground tissue; chl, chlorenchyma: col, collenchyma; cor, cortex; cr, calcium oxalate crystal; end, endodermis; ep. Epidermis; epb, epiblema; epc, epidermal cell; evb, embedded vascular bundle; hlxy, highly lignified xylem; lep, lower epidermis; mrp, phloem ray; mrx, xylem ray; ogt, outer ground tissue; pal, palisade cells; par, parenchyma; pefi, pericyclic fibre; per, pericycle; phd, phelloderm; phfi, phloem fibre; phg, phellogen; phl, phloem; phm, phellem; plxy, partially lignified xylem; rtd, rhytidoma; sc, secretary canal; scl, sclerenchyma; spt, spongy tissues; cs, crystal sheath; st, stele; sto, stomata; trc, trichome; tvb, transcurrent vascular bundle; uep, upper epidermis; xy, xylem; xv, xylem vessel.

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