

ON SALVATION

The main point of discussion in one of the preceding editorials was the concept of consciousness. Even in man this consciousness has not reached its culmination of development. It can very well be understood from the fact that the external and internal organs are not fully under his control. Same is the case with the different levels of mind. If this point is agreed upon what should be man's sultimate goal in life? Definitely it should be to complete this already initiated process of evolution, to elevate the life force (God) of ours from the level of consciousness it has already attained enabling to reach the pinnacle of Universal consciousness (God), beyond the conscious control of which nothing exists in this Universe. This is the concept of final liberation (*Moksha*) from our finiteness and limitations and consequent lack of freedom into that state of perfect freedom, unbridled power and unlimited knowledge (pure consciousness). All the methods of spiritual practices (*Sadhana & Upasana*) evolved in the land of Bharatha are different methods towards the grand end (*Mukthi*) suited to people of different dispositions.

We can view the above aspects from a different angle as well. Any such path of spiritual practice, naturally, must involve psycho-physical methodology as we have to begin from the physical level of existence. This is exactly what Yoga Science reveals. There are different kinds of *Yoga Sadhana*, the broad divisions being *Mantra Yoga*, *Laya Yoga*, *Hatha Yoga* and *Raja Yoga*. In a closer scrutiny this will reveal their inter connections. Finally they will merge into an integrated science and this is the basic bedrock of which *Tantra Sasthra* works. Science of Yoga realizes that the spark of divinity, descending into man, sleeps, after full creation upto the densest (*Prithwi Tatva*) level at the base of the spine called *Mooladhara Chakra* coiled round three and half times. This sleeping power, that is termed *Kundalini* (Serpent power) in esoteric sciences, has to be roused and slowly and diligently leedad upwards. In its journey upward it pierces the six lotuses of *Chakras* situated one above the other in the spinal column till it reaches the thousand – petalled lotus (*Sahasrara Padma*) in the pericarp of the head and merges with the Universal consciousness embedded at the topmost point of the human body. This is what is called liberation (*Mukthi*) in the yogic sense. Various such methods of attaining *moksha* are expounded by different hierarchies of teachers (*Guru Paramparas*). Even though they appear as separate paths, a deep study will reveal them to be different facets of this fundamental truth in *Sadhana Sastra* (Attainment of Universal consciousness).

CHIEF EDITOR